

Alcatraz Island, CA - Jan 1963

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:18	5.3	3:22	4.9	9:42	2.6	9:52	0.1	7:25	5:01	
2	Wed	5:05	5.5	4:42	4.4	11:01	2.1	10:47	0.7	7:25	5:01	
3	Thu	5:53	5.8	6:13	4.1			12:18	1.5	7:25	5:02	
4	Fri	6:41	6.1	7:44	4.1			1:25	0.8	7:25	5:03	
5	Sat	7:29	6.4	9:03	4.3	12:47	1.8	2:23	0.1	7:25	5:04	
6	Sun	8:16	6.6	10:09	4.6	1:47	2.2	3:15	-0.5	7:25	5:05	
7	Mon	9:02	6.8	11:05	4.9	2:43	2.5	4:02	-0.9	7:25	5:06	
8	Tue	9:48	6.8	11:54	5.1	3:37	2.6	4:47	-1.1	7:25	5:07	
9	Wed	10:32	6.8			4:29	2.7	5:30	-1.1	7:25	5:08	
10	Thu	12:40	5.2	11:16 AM	6.6	5:18	2.8	6:11	-1.1	7:25	5:09	
11	Fri	1:23	5.2	11:59 AM	6.3	6:07	2.8	6:51	-0.8	7:25	5:10	
12	Sat	2:04	5.2	12:41	5.9	6:55	2.8	7:29	-0.5	7:24	5:11	
13	Sun	2:43	5.1	1:24	5.5	7:46	2.7	8:08	-0.1	7:24	5:12	
14	Mon	3:21	5.1	2:09	5.0	8:40	2.7	8:47	0.3	7:24	5:13	
15	Tue	3:59	5.1	3:01	4.4	9:40	2.5	9:28	0.9	7:24	5:14	
16	Wed	4:38	5.1	4:05	4.0	10:48	2.3	10:14	1.4	7:23	5:15	
17	Thu	5:18	5.2	5:28	3.6	11:56	2.0	11:05	1.9	7:23	5:16	
18	Fri	6:00	5.3	7:06	3.5			12:58	1.5	7:23	5:17	
19	Sat	6:42	5.5	8:32	3.7	12:03	2.4	1:51	1.1	7:22	5:18	
20	Sun	7:25	5.7	9:35	4.0	1:02	2.7	2:37	0.6	7:22	5:19	
21	Mon	8:08	5.9	10:23	4.3	1:57	2.9	3:18	0.1	7:21	5:20	
22	Tue	8:50	6.1	11:05	4.6	2:46	3.0	3:56	-0.3	7:21	5:21	
23	Wed	9:33	6.3	11:42	4.8	3:30	3.0	4:33	-0.7	7:20	5:22	
24	Thu	10:15	6.5			4:12	2.9	5:10	-0.9	7:19	5:23	
25	Fri	12:19	4.9	10:58 AM	6.6	4:54	2.8	5:48	-1.1	7:19	5:24	
26	Sat	12:55	5.1	11:43 AM	6.5	5:38	2.6	6:27	-1.1	7:18	5:25	
27	Sun	1:32	5.2	12:29	6.3	6:25	2.4	7:08	-0.9	7:17	5:27	
28	Mon	2:10	5.3	1:20	5.9	7:17	2.2	7:49	-0.6	7:17	5:28	
29	Tue	2:49	5.5	2:16	5.4	8:15	1.9	8:34	0.0	7:16	5:29	
30	Wed	3:31	5.6	3:22	4.8	9:21	1.7	9:22	0.7	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Thu	4:17	5.8	4:43	4.3	10:35	1.3	10:16	1.4	7:14	5:31	