

Alcatraz Island, CA - Mar 1963

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:33	5.9	4:50	4.2	10:09	0.5	9:54	2.0	6:41	6:02	
2	Sat	4:26	5.9	6:25	4.1	11:26	0.3	11:07	2.6	6:40	6:03	
3	Sun	5:28	5.8	7:53	4.3			12:42	0.1	6:38	6:04	
4	Mon	6:34	5.8	8:59	4.6	12:29	2.8	1:49	-0.1	6:37	6:05	
5	Tue	7:39	5.8	9:50	4.9	1:43	2.7	2:46	-0.3	6:35	6:06	
6	Wed	8:37	5.8	10:32	5.0	2:44	2.5	3:33	-0.4	6:34	6:07	
7	Thu	9:29	5.8	11:08	5.1	3:35	2.3	4:14	-0.4	6:33	6:08	
8	Fri	10:16	5.8	11:41	5.2	4:19	2.0	4:51	-0.3	6:31	6:09	
9	Sat	10:58	5.6			4:59	1.8	5:24	-0.1	6:30	6:10	
10	Sun	12:10	5.2	11:38 AM	5.4	5:37	1.5	5:54	0.2	6:28	6:11	
11	Mon	12:36	5.2	12:17	5.2	6:13	1.4	6:24	0.5	6:27	6:12	
12	Tue	1:01	5.2	12:57	4.9	6:48	1.2	6:53	0.9	6:25	6:13	
13	Wed	1:26	5.2	1:39	4.6	7:25	1.1	7:23	1.3	6:24	6:14	
14	Thu	1:52	5.2	2:26	4.3	8:05	1.0	7:55	1.8	6:22	6:15	
15	Fri	2:22	5.2	3:22	3.9	8:50	1.0	8:31	2.3	6:21	6:16	
16	Sat	2:58	5.1	4:36	3.7	9:43	0.9	9:18	2.7	6:19	6:17	
17	Sun	3:43	5.0	6:11	3.7	10:47	0.8	10:27	3.1	6:18	6:18	
18	Mon	4:40	5.0	7:37	3.9	11:56	0.7	11:56	3.2	6:16	6:19	
19	Tue	5:45	5.0	8:35	4.2			1:01	0.4	6:15	6:20	
20	Wed	6:52	5.2	9:16	4.4	1:10	3.0	1:57	0.0	6:13	6:21	
21	Thu	7:54	5.4	9:51	4.7	2:07	2.7	2:45	-0.3	6:12	6:21	
22	Fri	8:51	5.7	10:24	5.0	2:55	2.3	3:29	-0.5	6:10	6:22	
23	Sat	9:45	5.9	10:58	5.3	3:40	1.7	4:11	-0.6	6:09	6:23	
24	Sun	10:38	6.0	11:31	5.6	4:24	1.2	4:51	-0.5	6:07	6:24	
25	Mon	11:31	5.9			5:11	0.6	5:32	-0.2	6:05	6:25	
26	Tue	12:06	5.8	12:25	5.7	5:58	0.1	6:13	0.3	6:04	6:26	
27	Wed	12:43	6.0	1:23	5.4	6:49	-0.2	6:56	0.8	6:02	6:27	
28	Thu	1:22	6.1	2:25	5.0	7:42	-0.4	7:43	1.5	6:01	6:28	
29	Fri	2:05	6.1	3:34	4.6	8:40	-0.4	8:36	2.1	5:59	6:29	
30	Sat	2:53	5.9	4:54	4.4	9:44	-0.3	9:43	2.6	5:58	6:30	
31	Sun	3:50	5.6	6:20	4.4	10:57	-0.2	11:07	2.8	5:56	6:31	