

Alcatraz Island, CA - Jul 1963

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:32	3.7	8:58	5.7	3:14	1.0	2:26	2.2	5:50	8:35	
2	Tue	10:37	3.9	9:33	5.9	3:57	0.6	3:13	2.5	5:51	8:35	
3	Wed	11:30	4.1	10:07	6.0	4:36	0.2	3:56	2.7	5:51	8:35	
4	Thu			12:16	4.3	5:12	-0.1	4:37	2.9	5:52	8:35	
5	Fri			12:57	4.5	5:47	-0.4	5:17	3.0	5:52	8:35	
6	Sat			1:36	4.6	6:21	-0.6	5:57	3.1	5:53	8:35	
7	Sun			2:13	4.7	6:56	-0.8	6:37	3.1	5:54	8:34	
8	Mon	12:38	6.2	2:51	4.8	7:33	-0.9	7:21	3.0	5:54	8:34	
9	Tue	1:19	6.1	3:29	4.9	8:11	-0.9	8:09	2.9	5:55	8:34	
10	Wed	2:04	5.9	4:09	5.1	8:52	-0.7	9:04	2.8	5:55	8:33	
11	Thu	2:53	5.5	4:49	5.2	9:35	-0.4	10:08	2.6	5:56	8:33	
12	Fri	3:51	5.0	5:32	5.5	10:22	0.1	11:20	2.2	5:57	8:33	
13	Sat	5:02	4.5	6:17	5.7	11:12	0.6			5:57	8:32	
14	Sun	6:27	4.2	7:04	6.0	12:35	1.7	12:08	1.2	5:58	8:32	
15	Mon	8:00	4.0	7:53	6.3	1:45	1.0	1:07	1.7	5:59	8:31	
16	Tue	9:26	4.2	8:42	6.6	2:47	0.3	2:08	2.2	5:59	8:31	
17	Wed	10:38	4.5	9:31	6.8	3:43	-0.3	3:08	2.5	6:00	8:30	
18	Thu	11:37	4.7	10:20	6.9	4:34	-0.7	4:05	2.7	6:01	8:30	
19	Fri			12:30	5.0	5:22	-1.0	5:00	2.7	6:02	8:29	
20	Sat			1:17	5.1	6:08	-1.2	5:53	2.7	6:02	8:28	
21	Sun			2:01	5.2	6:52	-1.1	6:44	2.7	6:03	8:28	
22	Mon	12:43	6.6	2:43	5.3	7:34	-0.9	7:35	2.6	6:04	8:27	
23	Tue	1:29	6.2	3:23	5.3	8:15	-0.6	8:27	2.6	6:05	8:26	
24	Wed	2:14	5.7	4:02	5.3	8:55	-0.2	9:22	2.5	6:06	8:26	
25	Thu	3:01	5.2	4:40	5.2	9:35	0.3	10:20	2.4	6:06	8:25	
26	Fri	3:53	4.7	5:18	5.3	10:16	0.8	11:25	2.2	6:07	8:24	
27	Sat	4:55	4.2	5:58	5.3	11:00	1.4			6:08	8:23	
28	Sun	6:12	3.8	6:39	5.4	12:31	1.9	11:50 AM	2.0	6:09	8:22	
29	Mon	7:46	3.7	7:22	5.5	1:35	1.6	12:47	2.4	6:10	8:22	
30	Tue	9:15	3.8	8:07	5.7	2:32	1.2	1:46	2.8	6:10	8:21	
31	Wed	10:21	4.1	8:51	5.9	3:20	0.8	2:42	3.0	6:11	8:20	