

Alcatraz Island, CA - Nov 1963

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:55	6.5			4:32	1.1	5:18	-0.7	6:34	5:11	
2	Sat	12:04	5.4	11:34 AM	6.7	5:16	1.6	6:06	-1.0	6:35	5:10	
3	Sun	1:02	5.3	12:15	6.7	6:02	2.0	6:57	-1.1	6:36	5:09	
4	Mon	2:03	5.2	1:01	6.6	6:53	2.5	7:51	-1.0	6:37	5:08	
5	Tue	3:08	5.0	1:52	6.3	7:51	2.8	8:49	-0.8	6:38	5:07	
6	Wed	4:16	5.0	2:50	5.8	9:02	3.1	9:53	-0.4	6:40	5:06	
7	Thu	5:25	5.0	3:57	5.4	10:28	3.1	11:01	-0.1	6:41	5:05	
8	Fri	6:29	5.1	5:14	5.0	11:53	2.8			6:42	5:04	
9	Sat	7:24	5.3	6:32	4.8	12:07	0.2	1:04	2.4	6:43	5:03	
10	Sun	8:09	5.5	7:44	4.7	1:05	0.4	2:02	1.8	6:44	5:02	
11	Mon	8:47	5.7	8:47	4.7	1:55	0.7	2:51	1.3	6:45	5:02	
12	Tue	9:20	5.8	9:43	4.7	2:38	1.0	3:33	0.9	6:46	5:01	
13	Wed	9:48	5.8	10:32	4.7	3:17	1.3	4:10	0.5	6:47	5:00	
14	Thu	10:15	5.9	11:19	4.7	3:52	1.7	4:44	0.2	6:48	4:59	
15	Fri	10:40	5.9			4:25	2.1	5:16	0.0	6:49	4:58	
16	Sat	12:03	4.7	11:05 AM	5.9	4:58	2.4	5:47	-0.1	6:50	4:58	
17	Sun	12:46	4.6	11:33 AM	5.8	5:31	2.7	6:20	-0.2	6:51	4:57	
18	Mon	1:29	4.6	12:02	5.8	6:05	3.0	6:54	-0.2	6:52	4:56	
19	Tue	2:14	4.5	12:36	5.6	6:41	3.2	7:32	-0.2	6:53	4:56	
20	Wed	3:02	4.5	1:13	5.4	7:23	3.4	8:15	-0.1	6:54	4:55	
21	Thu	3:54	4.5	1:58	5.2	8:16	3.5	9:03	0.0	6:56	4:55	
22	Fri	4:49	4.5	2:52	4.9	9:26	3.5	9:57	0.1	6:57	4:54	
23	Sat	5:42	4.7	4:00	4.7	10:50	3.3	10:56	0.3	6:58	4:53	
24	Sun	6:29	4.9	5:20	4.5			12:06	2.8	6:59	4:53	
25	Mon	7:10	5.2	6:41	4.5			1:06	2.2	7:00	4:53	
26	Tue	7:48	5.6	7:56	4.6	12:49	0.6	1:58	1.4	7:01	4:52	
27	Wed	8:25	6.0	9:05	4.7	1:40	0.9	2:46	0.6	7:02	4:52	
28	Thu	9:02	6.4	10:09	4.9	2:29	1.2	3:32	-0.2	7:03	4:52	
29	Fri	9:40	6.7	11:09	5.1	3:16	1.6	4:19	-0.9	7:04	4:51	
30	Sat	10:21	7.0			4:03	1.9	5:06	-1.3	7:05	4:51	