

Alcatraz Island, CA - Jan 1964

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:46	5.3	12:22	6.6	6:26	2.8	7:17	-1.3	7:25	5:00	
2	Thu	2:34	5.3	1:12	6.2	7:24	2.8	8:04	-0.9	7:25	5:01	
3	Fri	3:21	5.3	2:04	5.6	8:26	2.7	8:51	-0.3	7:25	5:02	
4	Sat	4:07	5.3	3:02	4.9	9:35	2.6	9:39	0.2	7:25	5:03	
5	Sun	4:54	5.3	4:09	4.3	10:49	2.4	10:29	0.9	7:25	5:04	
6	Mon	5:39	5.4	5:30	3.9			12:01	2.0	7:25	5:05	
7	Tue	6:22	5.5	7:03	3.7			1:06	1.5	7:25	5:06	
8	Wed	7:03	5.6	8:29	3.8	12:18	2.0	2:00	1.0	7:25	5:06	
9	Thu	7:41	5.8	9:37	4.0	1:13	2.4	2:47	0.6	7:25	5:07	
10	Fri	8:18	5.9	10:29	4.3	2:04	2.7	3:27	0.2	7:25	5:08	
11	Sat	8:54	6.0	11:13	4.5	2:51	3.0	4:04	-0.1	7:25	5:09	
12	Sun	9:31	6.1	11:51	4.6	3:34	3.1	4:38	-0.4	7:25	5:10	
13	Mon	10:08	6.2			4:14	3.1	5:11	-0.6	7:24	5:11	
14	Tue	12:25	4.7	10:45 AM	6.2	4:51	3.1	5:44	-0.7	7:24	5:12	
15	Wed	12:59	4.8	11:23 AM	6.2	5:27	3.1	6:18	-0.8	7:24	5:13	
16	Thu	1:32	4.8	12:02	6.1	6:06	3.0	6:52	-0.8	7:23	5:14	
17	Fri	2:06	4.9	12:42	5.9	6:47	2.9	7:29	-0.6	7:23	5:15	
18	Sat	2:40	5.0	1:26	5.5	7:35	2.7	8:07	-0.3	7:23	5:16	
19	Sun	3:17	5.1	2:18	5.1	8:31	2.5	8:49	0.1	7:22	5:18	
20	Mon	3:56	5.3	3:21	4.6	9:36	2.2	9:34	0.7	7:22	5:19	
21	Tue	4:38	5.5	4:44	4.1	10:49	1.8	10:26	1.3	7:21	5:20	
22	Wed	5:24	5.8	6:23	3.9			12:05	1.2	7:21	5:21	
23	Thu	6:14	6.1	8:00	4.0			1:13	0.5	7:20	5:22	
24	Fri	7:06	6.4	9:17	4.3	12:32	2.4	2:14	-0.2	7:20	5:23	
25	Sat	8:00	6.6	10:18	4.7	1:39	2.7	3:09	-0.7	7:19	5:24	
26	Sun	8:53	6.8	11:09	5.0	2:41	2.8	3:59	-1.1	7:18	5:25	
27	Mon	9:45	6.9	11:55	5.2	3:38	2.8	4:46	-1.3	7:18	5:26	
28	Tue	10:35	6.9			4:32	2.7	5:31	-1.3	7:17	5:27	
29	Wed	12:37	5.3	11:24 AM	6.7	5:24	2.5	6:13	-1.2	7:16	5:28	
30	Thu	1:17	5.3	12:12	6.4	6:14	2.3	6:54	-0.9	7:15	5:30	
31	Fri	1:56	5.4	12:59	5.9	7:05	2.2	7:34	-0.4	7:15	5:31	