

Alcatraz Island, CA - Mar 1964

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:42	5.4	1:34	5.0	7:28	1.3	7:33	0.8	6:40	6:03	
2	Mon	2:11	5.3	2:24	4.5	8:14	1.2	8:08	1.4	6:39	6:04	
3	Tue	2:42	5.3	3:22	4.1	9:04	1.1	8:47	2.0	6:37	6:05	
4	Wed	3:16	5.2	4:37	3.7	10:00	1.1	9:33	2.6	6:36	6:06	
5	Thu	3:57	5.1	6:18	3.6	11:06	1.0	10:39	3.0	6:34	6:07	
6	Fri	4:48	5.0	7:56	3.8			12:15	0.9	6:33	6:08	
7	Sat	5:49	5.0	8:57	4.1	12:05	3.2	1:19	0.6	6:31	6:09	
8	Sun	6:52	5.1	9:37	4.3	1:19	3.2	2:12	0.3	6:30	6:10	
9	Mon	7:50	5.3	10:09	4.5	2:15	3.0	2:57	0.0	6:29	6:11	
10	Tue	8:42	5.5	10:37	4.7	2:59	2.7	3:36	-0.2	6:27	6:12	
11	Wed	9:29	5.7	11:05	4.9	3:38	2.4	4:11	-0.4	6:26	6:13	
12	Thu	10:15	5.8	11:34	5.1	4:15	2.0	4:46	-0.5	6:24	6:14	
13	Fri	11:00	5.8			4:53	1.6	5:20	-0.4	6:23	6:15	
14	Sat	12:03	5.3	11:47 AM	5.7	5:32	1.2	5:55	-0.1	6:21	6:16	
15	Sun	12:33	5.5	12:36	5.5	6:15	0.8	6:31	0.3	6:20	6:17	
16	Mon	1:05	5.7	1:30	5.1	7:02	0.4	7:10	0.8	6:18	6:17	
17	Tue	1:40	5.9	2:30	4.7	7:53	0.2	7:52	1.5	6:17	6:18	
18	Wed	2:20	5.9	3:42	4.3	8:51	0.0	8:40	2.1	6:15	6:19	
19	Thu	3:06	5.9	5:08	4.1	9:57	0.0	9:43	2.6	6:13	6:20	
20	Fri	4:02	5.8	6:42	4.2	11:13	-0.1	11:06	3.0	6:12	6:21	
21	Sat	5:10	5.6	7:59	4.4			12:30	-0.2	6:10	6:22	
22	Sun	6:25	5.6	8:55	4.7	12:35	2.9	1:38	-0.3	6:09	6:23	
23	Mon	7:36	5.6	9:40	5.0	1:49	2.6	2:35	-0.4	6:07	6:24	
24	Tue	8:40	5.6	10:19	5.2	2:48	2.2	3:23	-0.5	6:06	6:25	
25	Wed	9:35	5.6	10:54	5.3	3:39	1.8	4:05	-0.4	6:04	6:26	
26	Thu	10:26	5.5	11:26	5.4	4:24	1.3	4:43	-0.1	6:03	6:27	
27	Fri	11:13	5.4	11:55	5.4	5:05	1.0	5:18	0.2	6:01	6:28	
28	Sat	11:59	5.1			5:45	0.7	5:51	0.6	6:00	6:29	
29	Sun	12:22	5.4	12:44	4.9	6:23	0.5	6:23	1.1	5:58	6:29	
30	Mon	12:48	5.4	1:29	4.6	7:00	0.4	6:55	1.6	5:57	6:30	
31	Tue	1:14	5.4	2:18	4.3	7:39	0.3	7:29	2.1	5:55	6:31	