

Alcatraz Island, CA - May 1964

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:29	5.2	5:09	4.1	9:32	-0.1	9:26	3.2	6:13	8:00	
2	Sat	3:10	5.0	6:14	4.1	10:21	0.0	10:35	3.4	6:12	8:01	
3	Sun	4:01	4.7	7:16	4.2	11:18	0.1			6:10	8:02	
4	Mon	5:05	4.5	8:06	4.3	12:04	3.3	12:19	0.2	6:09	8:02	
5	Tue	6:19	4.4	8:45	4.6	1:21	3.0	1:17	0.2	6:08	8:03	
6	Wed	7:34	4.4	9:18	4.9	2:18	2.5	2:09	0.2	6:07	8:04	
7	Thu	8:44	4.4	9:50	5.2	3:05	1.9	2:56	0.3	6:06	8:05	
8	Fri	9:48	4.6	10:21	5.6	3:48	1.2	3:40	0.5	6:05	8:06	
9	Sat	10:49	4.7	10:54	5.9	4:31	0.4	4:22	0.8	6:04	8:07	
10	Sun	11:48	4.8	11:29	6.3	5:14	-0.3	5:05	1.2	6:03	8:08	
11	Mon			12:46	4.9	5:59	-0.9	5:48	1.6	6:02	8:09	
12	Tue	12:06	6.5	1:45	4.9	6:45	-1.4	6:34	2.0	6:01	8:10	
13	Wed	12:47	6.6	2:44	4.9	7:34	-1.6	7:24	2.4	6:00	8:11	
14	Thu	1:31	6.5	3:46	4.8	8:26	-1.6	8:19	2.7	5:59	8:11	
15	Fri	2:20	6.3	4:49	4.8	9:21	-1.4	9:25	2.9	5:59	8:12	
16	Sat	3:16	5.9	5:54	4.8	10:21	-1.1	10:45	3.0	5:58	8:13	
17	Sun	4:19	5.4	6:57	4.9	11:25	-0.7			5:57	8:14	
18	Mon	5:32	4.9	7:53	5.1	12:12	2.7	12:29	-0.3	5:56	8:15	
19	Tue	6:51	4.5	8:40	5.3	1:30	2.3	1:29	0.1	5:56	8:16	
20	Wed	8:10	4.3	9:21	5.5	2:36	1.7	2:23	0.4	5:55	8:17	
21	Thu	9:23	4.2	9:57	5.7	3:31	1.2	3:10	0.8	5:54	8:17	
22	Fri	10:26	4.2	10:28	5.8	4:17	0.6	3:52	1.2	5:53	8:18	
23	Sat	11:23	4.3	10:57	5.8	4:58	0.2	4:31	1.6	5:53	8:19	
24	Sun			12:15	4.3	5:35	-0.1	5:07	2.0	5:52	8:20	
25	Mon			1:02	4.4	6:09	-0.4	5:43	2.4	5:52	8:21	
26	Tue			1:48	4.4	6:42	-0.5	6:19	2.7	5:51	8:21	
27	Wed	12:19	5.8	2:31	4.4	7:15	-0.6	6:55	3.0	5:51	8:22	
28	Thu	12:49	5.7	3:15	4.4	7:49	-0.6	7:33	3.1	5:50	8:23	
29	Fri	1:22	5.6	3:59	4.3	8:25	-0.6	8:14	3.3	5:50	8:23	
30	Sat	1:59	5.4	4:45	4.3	9:05	-0.5	9:04	3.3	5:49	8:24	
31	Sun	2:41	5.1	5:32	4.4	9:49	-0.4	10:06	3.3	5:49	8:25	