

Alcatraz Island, CA - Aug 1964

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:40	4.0	6:39	6.1	12:25	1.4	11:51 AM	2.0	6:13	8:18	
2	Sun	8:18	4.0	7:31	6.4	1:35	0.8	12:55	2.5	6:14	8:17	
3	Mon	9:42	4.2	8:26	6.6	2:39	0.2	2:02	2.8	6:14	8:16	
4	Tue	10:47	4.6	9:21	6.9	3:36	-0.4	3:06	2.9	6:15	8:15	
5	Wed	11:40	4.9	10:16	7.0	4:29	-0.8	4:06	2.9	6:16	8:14	
6	Thu			12:27	5.1	5:19	-1.1	5:01	2.7	6:17	8:13	
7	Fri			1:10	5.3	6:06	-1.2	5:55	2.5	6:18	8:12	
8	Sat	12:01	6.9	1:51	5.4	6:50	-1.1	6:48	2.3	6:19	8:11	
9	Sun	12:52	6.7	2:31	5.5	7:33	-0.8	7:41	2.1	6:20	8:09	
10	Mon	1:42	6.2	3:10	5.5	8:15	-0.4	8:35	2.0	6:21	8:08	
11	Tue	2:33	5.7	3:48	5.6	8:55	0.2	9:32	1.8	6:21	8:07	
12	Wed	3:27	5.1	4:27	5.6	9:37	0.8	10:33	1.7	6:22	8:06	
13	Thu	4:29	4.5	5:07	5.5	10:21	1.5	11:39	1.6	6:23	8:05	
14	Fri	5:46	4.1	5:50	5.5	11:12	2.1			6:24	8:03	
15	Sat	7:21	3.9	6:38	5.5	12:47	1.4	12:13	2.7	6:25	8:02	
16	Sun	8:56	4.0	7:28	5.6	1:52	1.1	1:22	3.0	6:26	8:01	
17	Mon	10:05	4.3	8:19	5.7	2:49	0.8	2:26	3.2	6:27	8:00	
18	Tue	10:54	4.5	9:08	5.8	3:38	0.5	3:21	3.2	6:27	7:58	
19	Wed	11:32	4.6	9:54	5.9	4:20	0.2	4:06	3.1	6:28	7:57	
20	Thu			12:05	4.8	4:58	0.0	4:46	3.0	6:29	7:56	
21	Fri			12:34	4.9	5:33	-0.1	5:23	2.8	6:30	7:54	
22	Sat			1:03	5.0	6:05	-0.2	5:58	2.6	6:31	7:53	
23	Sun			1:31	5.1	6:37	-0.2	6:34	2.3	6:32	7:52	
24	Mon	12:38	6.0	2:00	5.2	7:09	-0.1	7:13	2.1	6:33	7:50	
25	Tue	1:20	5.8	2:30	5.4	7:41	0.1	7:57	1.8	6:33	7:49	
26	Wed	2:06	5.5	3:02	5.6	8:16	0.5	8:45	1.5	6:34	7:47	
27	Thu	2:59	5.1	3:37	5.7	8:54	1.0	9:40	1.3	6:35	7:46	
28	Fri	4:01	4.7	4:17	5.9	9:36	1.6	10:43	1.0	6:36	7:44	
29	Sat	5:19	4.3	5:04	6.0	10:26	2.2	11:55	0.8	6:37	7:43	
30	Sun	6:54	4.1	6:01	6.1	11:30	2.7			6:38	7:42	
31	Mon	8:27	4.3	7:05	6.2	1:11	0.4	12:48	3.1	6:39	7:40	