

Alcatraz Island, CA - Nov 1964

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:45	5.9	10:03	5.1	3:03	0.6	3:50	0.7	6:35	5:11	
2	Mon	10:16	6.0	10:55	5.0	3:43	1.0	4:31	0.3	6:36	5:09	
3	Tue	10:45	6.0	11:45	4.9	4:20	1.4	5:08	0.0	6:37	5:08	
4	Wed	11:12	6.0			4:55	1.9	5:44	-0.1	6:38	5:07	
5	Thu	12:33	4.8	11:39 AM	5.9	5:31	2.3	6:20	-0.2	6:39	5:06	
6	Fri	1:21	4.7	12:07	5.8	6:07	2.7	6:56	-0.2	6:40	5:05	
7	Sat	2:11	4.6	12:37	5.7	6:45	3.1	7:34	-0.1	6:41	5:04	
8	Sun	3:02	4.5	1:12	5.4	7:27	3.3	8:16	0.0	6:42	5:04	
9	Mon	3:59	4.4	1:53	5.2	8:19	3.5	9:05	0.2	6:44	5:03	
10	Tue	5:00	4.4	2:44	4.9	9:31	3.6	10:00	0.4	6:45	5:02	
11	Wed	5:59	4.5	3:48	4.6	11:00	3.5	11:00	0.5	6:46	5:01	
12	Thu	6:47	4.6	5:02	4.4			12:14	3.2	6:47	5:00	
13	Fri	7:25	4.9	6:17	4.4			1:10	2.7	6:48	4:59	
14	Sat	7:57	5.1	7:28	4.5	12:49	0.7	1:56	2.1	6:49	4:59	
15	Sun	8:28	5.4	8:32	4.6	1:36	0.8	2:36	1.4	6:50	4:58	
16	Mon	8:58	5.8	9:32	4.8	2:18	1.0	3:15	0.7	6:51	4:57	
17	Tue	9:29	6.1	10:29	4.9	2:59	1.3	3:55	0.0	6:52	4:56	
18	Wed	10:03	6.5	11:25	5.0	3:40	1.6	4:37	-0.6	6:53	4:56	
19	Thu	10:39	6.7			4:23	2.0	5:21	-1.1	6:54	4:55	
20	Fri	12:22	5.1	11:18 AM	6.8	5:07	2.4	6:07	-1.4	6:55	4:55	
21	Sat	1:19	5.1	12:02	6.8	5:54	2.7	6:57	-1.4	6:56	4:54	
22	Sun	2:17	5.0	12:50	6.6	6:47	3.0	7:50	-1.3	6:57	4:54	
23	Mon	3:18	5.0	1:44	6.3	7:48	3.1	8:47	-1.0	6:58	4:53	
24	Tue	4:20	5.0	2:46	5.8	9:03	3.2	9:49	-0.6	6:59	4:53	
25	Wed	5:21	5.1	3:57	5.3	10:30	3.0	10:53	-0.2	7:00	4:52	
26	Thu	6:18	5.3	5:17	4.8	11:55	2.6	11:55	0.2	7:01	4:52	
27	Fri	7:08	5.6	6:40	4.5			1:06	2.0	7:02	4:52	
28	Sat	7:52	5.8	7:58	4.4	12:52	0.6	2:06	1.3	7:03	4:51	
29	Sun	8:30	6.0	9:06	4.5	1:43	1.0	2:56	0.7	7:04	4:51	
30	Mon	9:05	6.1	10:07	4.5	2:29	1.5	3:39	0.3	7:05	4:51	