

Alcatraz Island, CA - Aug 1965

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:57	5.8	4:19	5.8	9:23	-0.1	10:06	1.8	6:13	8:18	
2	Mon	4:00	5.1	5:03	5.9	10:09	0.6	11:17	1.5	6:13	8:17	
3	Tue	5:13	4.5	5:49	5.9	10:59	1.4			6:14	8:16	
4	Wed	6:41	4.1	6:37	6.0	12:30	1.2	11:55 AM	2.1	6:15	8:15	
5	Thu	8:20	4.0	7:27	6.0	1:40	0.9	1:00	2.6	6:16	8:14	
6	Fri	9:44	4.2	8:18	6.0	2:43	0.5	2:06	3.0	6:17	8:13	
7	Sat	10:47	4.5	9:06	6.0	3:36	0.2	3:07	3.2	6:18	8:12	
8	Sun	11:35	4.7	9:51	6.1	4:22	0.0	4:00	3.2	6:19	8:11	
9	Mon			12:14	4.8	5:03	-0.1	4:45	3.2	6:19	8:10	
10	Tue			12:48	4.8	5:39	-0.2	5:24	3.0	6:20	8:09	
11	Wed			1:18	4.8	6:12	-0.2	6:00	2.9	6:21	8:07	
12	Thu			1:45	4.9	6:43	-0.2	6:35	2.8	6:22	8:06	
13	Fri	12:28	5.9	2:11	4.9	7:13	-0.1	7:10	2.6	6:23	8:05	
14	Sat	1:05	5.8	2:37	5.0	7:42	0.0	7:47	2.4	6:24	8:04	
15	Sun	1:43	5.5	3:04	5.1	8:11	0.3	8:28	2.2	6:25	8:02	
16	Mon	2:25	5.1	3:33	5.3	8:42	0.7	9:14	2.0	6:26	8:01	
17	Tue	3:13	4.7	4:05	5.4	9:16	1.2	10:08	1.8	6:26	8:00	
18	Wed	4:13	4.3	4:41	5.6	9:54	1.7	11:10	1.5	6:27	7:59	
19	Thu	5:33	4.0	5:25	5.7	10:41	2.3			6:28	7:57	
20	Fri	7:14	3.9	6:17	5.9	12:20	1.1	11:41 AM	2.8	6:29	7:56	
21	Sat	8:51	4.1	7:16	6.2	1:31	0.6	12:55	3.2	6:30	7:55	
22	Sun	10:02	4.4	8:18	6.4	2:36	0.1	2:08	3.2	6:31	7:53	
23	Mon	10:54	4.7	9:19	6.7	3:34	-0.4	3:13	3.1	6:32	7:52	
24	Tue	11:37	5.0	10:17	6.9	4:26	-0.8	4:11	2.8	6:32	7:50	
25	Wed			12:18	5.2	5:14	-1.0	5:05	2.4	6:33	7:49	
26	Thu			12:56	5.4	6:00	-1.0	5:57	2.0	6:34	7:48	
27	Fri	12:07	6.8	1:33	5.6	6:43	-0.8	6:49	1.6	6:35	7:46	
28	Sat	1:00	6.5	2:11	5.8	7:25	-0.4	7:43	1.3	6:36	7:45	
29	Sun	1:54	6.1	2:48	5.9	8:06	0.1	8:38	1.1	6:37	7:43	
30	Mon	2:51	5.5	3:27	5.9	8:48	0.8	9:36	1.0	6:38	7:42	
31	Tue	3:54	4.9	4:07	5.9	9:32	1.6	10:39	0.9	6:38	7:40	