

Alcatraz Island, CA - Jul 1967

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:29	3.5	8:05	5.6	2:28	1.4	1:25	2.1	5:51	8:35	
2	Sun	9:53	3.6	8:40	5.8	3:16	0.9	2:14	2.6	5:51	8:35	
3	Mon	11:00	3.9	9:16	6.0	3:59	0.4	3:03	3.0	5:51	8:35	
4	Tue	11:52	4.2	9:54	6.1	4:37	0.0	3:49	3.2	5:52	8:35	
5	Wed			12:37	4.4	5:14	-0.4	4:34	3.3	5:53	8:35	
6	Thu			1:17	4.5	5:51	-0.7	5:16	3.4	5:53	8:35	
7	Fri			1:55	4.7	6:28	-0.9	5:59	3.4	5:54	8:34	
8	Sat			2:32	4.7	7:07	-1.1	6:44	3.3	5:54	8:34	
9	Sun	12:41	6.4	3:09	4.8	7:46	-1.1	7:32	3.1	5:55	8:34	
10	Mon	1:27	6.3	3:46	5.0	8:26	-1.1	8:26	2.9	5:55	8:33	
11	Tue	2:16	5.9	4:24	5.2	9:07	-0.8	9:27	2.6	5:56	8:33	
12	Wed	3:11	5.4	5:02	5.4	9:50	-0.3	10:36	2.3	5:57	8:33	
13	Thu	4:15	4.8	5:43	5.7	10:35	0.3	11:50	1.8	5:57	8:32	
14	Fri	5:34	4.3	6:26	6.0	11:24	1.1			5:58	8:32	
15	Sat	7:09	3.9	7:11	6.3	1:04	1.1	12:18	1.8	5:59	8:31	
16	Sun	8:49	3.9	7:59	6.5	2:12	0.4	1:18	2.4	6:00	8:31	
17	Mon	10:13	4.2	8:49	6.7	3:12	-0.2	2:22	2.9	6:00	8:30	
18	Tue	11:19	4.5	9:40	6.8	4:06	-0.6	3:24	3.1	6:01	8:30	
19	Wed			12:13	4.7	4:56	-1.0	4:23	3.2	6:02	8:29	
20	Thu			1:00	4.9	5:43	-1.1	5:17	3.2	6:02	8:28	
21	Fri			1:42	5.0	6:26	-1.1	6:08	3.1	6:03	8:28	
22	Sat	12:05	6.6	2:21	5.0	7:08	-1.0	6:57	3.0	6:04	8:27	
23	Sun	12:50	6.3	2:57	5.0	7:46	-0.8	7:45	2.8	6:05	8:26	
24	Mon	1:33	5.9	3:31	5.0	8:23	-0.4	8:34	2.7	6:06	8:26	
25	Tue	2:16	5.5	4:03	5.1	8:58	0.0	9:26	2.6	6:06	8:25	
26	Wed	3:02	5.0	4:34	5.1	9:33	0.5	10:23	2.4	6:07	8:24	
27	Thu	3:53	4.4	5:06	5.2	10:09	1.1	11:26	2.1	6:08	8:23	
28	Fri	4:58	3.9	5:40	5.3	10:47	1.7			6:09	8:22	
29	Sat	6:25	3.6	6:18	5.5	12:32	1.8	11:32 AM	2.3	6:10	8:21	
30	Sun	8:14	3.5	7:01	5.6	1:36	1.4	12:28	2.9	6:11	8:21	
31	Mon	9:49	3.8	7:48	5.8	2:33	1.0	1:33	3.2	6:11	8:20	