

Alcatraz Island, CA - Aug 1967

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:50	4.1	8:37	6.0	3:23	0.5	2:36	3.4	6:12	8:19	
2	Wed	11:34	4.4	9:26	6.2	4:07	0.1	3:30	3.5	6:13	8:18	
3	Thu			12:11	4.6	4:48	-0.3	4:17	3.4	6:14	8:17	
4	Fri			12:45	4.7	5:27	-0.6	5:01	3.2	6:15	8:16	
5	Sat			1:18	4.9	6:05	-0.9	5:44	3.0	6:16	8:15	
6	Sun			1:50	5.0	6:43	-1.0	6:30	2.7	6:16	8:14	
7	Mon	12:33	6.6	2:23	5.2	7:21	-0.9	7:19	2.4	6:17	8:13	
8	Tue	1:22	6.3	2:57	5.4	7:59	-0.6	8:11	2.0	6:18	8:11	
9	Wed	2:14	5.9	3:32	5.7	8:37	-0.1	9:10	1.7	6:19	8:10	
10	Thu	3:12	5.3	4:10	5.9	9:18	0.5	10:14	1.3	6:20	8:09	
11	Fri	4:21	4.7	4:51	6.1	10:01	1.3	11:25	1.0	6:21	8:08	
12	Sat	5:46	4.2	5:39	6.3	10:51	2.1			6:22	8:07	
13	Sun	7:28	4.0	6:33	6.4	12:41	0.6	11:54 AM	2.7	6:22	8:06	
14	Mon	9:06	4.2	7:33	6.4	1:53	0.2	1:10	3.2	6:23	8:04	
15	Tue	10:18	4.5	8:34	6.5	2:59	-0.2	2:26	3.3	6:24	8:03	
16	Wed	11:11	4.8	9:32	6.5	3:55	-0.4	3:32	3.2	6:25	8:02	
17	Thu	11:55	5.0	10:25	6.5	4:45	-0.6	4:27	3.1	6:26	8:01	
18	Fri			12:33	5.1	5:28	-0.6	5:16	2.8	6:27	7:59	
19	Sat			1:08	5.1	6:07	-0.5	6:00	2.6	6:28	7:58	
20	Sun			1:39	5.2	6:42	-0.4	6:42	2.4	6:29	7:57	
21	Mon	12:39	6.0	2:07	5.2	7:15	-0.1	7:23	2.2	6:29	7:55	
22	Tue	1:20	5.6	2:33	5.2	7:45	0.3	8:03	2.0	6:30	7:54	
23	Wed	2:01	5.2	2:58	5.3	8:15	0.7	8:45	1.9	6:31	7:53	
24	Thu	2:45	4.8	3:23	5.3	8:45	1.3	9:31	1.7	6:32	7:51	
25	Fri	3:36	4.4	3:52	5.4	9:16	1.9	10:23	1.6	6:33	7:50	
26	Sat	4:40	4.0	4:26	5.4	9:51	2.5	11:23	1.5	6:34	7:48	
27	Sun	6:10	3.7	5:09	5.4	10:35	3.0			6:35	7:47	
28	Mon	8:06	3.8	6:02	5.4	12:32	1.3	11:43 AM	3.4	6:35	7:45	
29	Tue	9:34	4.0	7:03	5.5	1:41	1.0	1:10	3.6	6:36	7:44	
30	Wed	10:22	4.3	8:05	5.8	2:41	0.6	2:22	3.6	6:37	7:43	
31	Thu	10:58	4.6	9:02	6.0	3:31	0.2	3:16	3.4	6:38	7:41	