

Alcatraz Island, CA - Oct 1967

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:09	5.3	10:34	6.0	4:16	-0.2	4:30	1.8	7:04	6:53	
2	Mon	11:38	5.6	11:29	6.0	4:55	-0.1	5:15	1.1	7:05	6:52	
3	Tue			12:09	5.9	5:34	0.2	6:01	0.4	7:06	6:50	
4	Wed	12:25	5.8	12:41	6.3	6:12	0.7	6:49	-0.1	7:07	6:49	
5	Thu	1:22	5.6	1:16	6.5	6:52	1.2	7:39	-0.5	7:08	6:47	
6	Fri	2:23	5.3	1:54	6.6	7:33	1.9	8:32	-0.6	7:09	6:46	
7	Sat	3:30	4.9	2:36	6.5	8:19	2.5	9:30	-0.6	7:10	6:44	
8	Sun	4:44	4.7	3:26	6.3	9:14	3.1	10:35	-0.4	7:11	6:43	
9	Mon	6:08	4.6	4:26	5.9	10:27	3.4	11:49	-0.1	7:12	6:41	
10	Tue	7:31	4.7	5:39	5.6			12:04	3.5	7:13	6:40	
11	Wed	8:37	4.9	6:57	5.4	1:03	0.0	1:32	3.2	7:14	6:38	
12	Thu	9:27	5.1	8:11	5.3	2:09	0.1	2:40	2.8	7:14	6:37	
13	Fri	10:06	5.2	9:15	5.2	3:03	0.2	3:33	2.3	7:15	6:36	
14	Sat	10:40	5.4	10:10	5.2	3:47	0.3	4:18	1.8	7:16	6:34	
15	Sun	11:08	5.4	10:59	5.1	4:25	0.5	4:57	1.4	7:17	6:33	
16	Mon	11:32	5.5	11:45	5.0	4:57	0.8	5:33	1.0	7:18	6:31	
17	Tue	11:54	5.6			5:27	1.2	6:06	0.7	7:19	6:30	
18	Wed	12:29	4.9	12:15	5.7	5:56	1.6	6:38	0.5	7:20	6:29	
19	Thu	1:13	4.7	12:36	5.7	6:24	2.1	7:09	0.3	7:21	6:27	
20	Fri	1:58	4.6	12:59	5.7	6:53	2.5	7:42	0.2	7:22	6:26	
21	Sat	2:46	4.5	1:26	5.7	7:23	2.9	8:18	0.1	7:23	6:25	
22	Sun	3:39	4.3	1:58	5.6	7:57	3.2	9:00	0.2	7:24	6:23	
23	Mon	4:41	4.2	2:36	5.4	8:36	3.5	9:50	0.3	7:25	6:22	
24	Tue	5:55	4.2	3:26	5.3	9:32	3.7	10:50	0.3	7:26	6:21	
25	Wed	7:09	4.3	4:29	5.1	11:01	3.8	11:57	0.3	7:27	6:20	
26	Thu	8:04	4.5	5:45	5.0			12:38	3.6	7:28	6:18	
27	Fri	8:44	4.7	7:04	5.0	1:03	0.2	1:48	3.1	7:29	6:17	
28	Sat	9:16	5.0	8:17	5.0	1:59	0.2	2:42	2.4	7:30	6:16	
29	Sun	8:47	5.4	8:25	5.2	1:48	0.2	2:30	1.6	6:31	5:15	
30	Mon	9:17	5.7	9:28	5.3	2:32	0.4	3:15	0.8	6:32	5:14	
31	Tue	9:48	6.2	10:29	5.3	3:14	0.7	4:01	0.0	6:33	5:12	