

Alcatraz Island, CA - Dec 1967

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:24	7.1			4:11	2.6	5:24	-1.6	7:06	4:51	●
2	Sat	12:37	5.0	11:08 AM	7.1	5:01	2.9	6:12	-1.7	7:07	4:51	●
3	Sun	1:33	5.1	11:55 AM	6.9	5:53	3.2	7:02	-1.6	7:08	4:50	●
4	Mon	2:28	5.0	12:45	6.5	6:50	3.3	7:53	-1.2	7:08	4:50	●
5	Tue	3:23	5.0	1:37	6.0	7:54	3.3	8:45	-0.8	7:09	4:50	◐
6	Wed	4:18	5.0	2:34	5.4	9:08	3.3	9:39	-0.3	7:10	4:50	◑
7	Thu	5:12	5.0	3:39	4.8	10:29	3.1	10:34	0.2	7:11	4:50	◒
8	Fri	6:01	5.1	4:53	4.3	11:47	2.7	11:28	0.7	7:12	4:50	◓
9	Sat	6:44	5.3	6:16	4.0			12:55	2.1	7:13	4:50	◔
10	Sun	7:20	5.4	7:40	3.9	12:19	1.2	1:51	1.5	7:14	4:50	◕
11	Mon	7:52	5.6	8:54	3.9	1:07	1.6	2:38	1.0	7:14	4:50	◖
12	Tue	8:21	5.8	9:57	4.1	1:51	2.1	3:18	0.5	7:15	4:51	◗
13	Wed	8:49	5.9	10:50	4.3	2:33	2.5	3:54	0.1	7:16	4:51	◘
14	Thu	9:19	6.0	11:37	4.4	3:13	2.9	4:28	-0.2	7:17	4:51	◙
15	Fri	9:50	6.1			3:52	3.1	5:00	-0.4	7:17	4:51	◚
16	Sat	12:20	4.6	10:23 AM	6.2	4:29	3.3	5:33	-0.6	7:18	4:52	◛
17	Sun	1:01	4.6	10:59 AM	6.2	5:07	3.4	6:08	-0.7	7:19	4:52	◜
18	Mon	1:40	4.7	11:36 AM	6.1	5:45	3.5	6:44	-0.8	7:19	4:52	◝
19	Tue	2:19	4.7	12:16	6.0	6:26	3.5	7:23	-0.8	7:20	4:53	◞
20	Wed	3:00	4.7	12:59	5.8	7:13	3.4	8:05	-0.7	7:20	4:53	◟
21	Thu	3:40	4.7	1:47	5.5	8:10	3.3	8:48	-0.4	7:21	4:54	◠
22	Fri	4:21	4.9	2:44	5.0	9:18	3.1	9:35	-0.1	7:21	4:54	◡
23	Sat	5:02	5.1	3:56	4.5	10:35	2.7	10:25	0.5	7:22	4:55	◢
24	Sun	5:43	5.4	5:24	4.1	11:51	2.0	11:18	1.1	7:22	4:55	◣
25	Mon	6:23	5.8	7:00	3.9			12:58	1.2	7:23	4:56	◤
26	Tue	7:05	6.2	8:30	4.1	12:14	1.7	1:56	0.3	7:23	4:56	◥
27	Wed	7:48	6.6	9:46	4.4	1:11	2.2	2:49	-0.5	7:23	4:57	◦
28	Thu	8:32	6.9	10:49	4.7	2:08	2.6	3:39	-1.1	7:24	4:58	◧
29	Fri	9:19	7.1	11:44	4.9	3:03	2.9	4:28	-1.5	7:24	4:58	◨
30	Sat	10:06	7.1			3:58	3.1	5:15	-1.6	7:24	4:59	◩

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sun	12:33	5.0	10:55 AM	7.0	4:52	3.1	6:01	-1.6	7:25	5:00	