

Alcatraz Island, CA - Apr 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:56	5.5	2:33	4.1	7:37	0.2	7:16	2.6	5:54	6:32	
2	Tue	1:23	5.4	3:34	3.9	8:18	0.2	7:50	3.0	5:52	6:33	
3	Wed	1:57	5.2	4:53	3.7	9:07	0.3	8:35	3.3	5:51	6:34	
4	Thu	2:40	5.1	6:29	3.8	10:06	0.4	9:51	3.5	5:49	6:35	
5	Fri	3:37	4.9	7:40	4.0	11:16	0.4	11:37	3.5	5:48	6:36	
6	Sat	4:48	4.8	8:21	4.2			12:25	0.3	5:46	6:37	
7	Sun	6:04	4.8	8:51	4.4	12:54	3.2	1:23	0.1	5:45	6:38	
8	Mon	7:14	4.9	9:18	4.6	1:48	2.7	2:10	-0.1	5:43	6:39	
9	Tue	8:16	5.1	9:44	4.9	2:34	2.2	2:51	-0.1	5:42	6:40	
10	Wed	9:14	5.2	10:11	5.3	3:16	1.5	3:29	0.0	5:40	6:40	
11	Thu	10:11	5.2	10:40	5.7	3:58	0.7	4:06	0.3	5:39	6:41	
12	Fri	11:07	5.2	11:10	6.0	4:42	0.0	4:44	0.7	5:37	6:42	
13	Sat			12:04	5.1	5:27	-0.6	5:22	1.3	5:36	6:43	
14	Sun			1:04	4.9	6:14	-1.0	6:03	1.8	5:35	6:44	
15	Mon	12:20	6.4	2:07	4.7	7:04	-1.3	6:48	2.4	5:33	6:45	
16	Tue	1:02	6.4	3:16	4.5	7:59	-1.2	7:39	2.8	5:32	6:46	
17	Wed	1:50	6.2	4:32	4.3	8:59	-1.0	8:45	3.2	5:30	6:47	
18	Thu	2:47	5.8	5:52	4.4	10:07	-0.8	10:15	3.3	5:29	6:48	
19	Fri	3:56	5.4	7:00	4.5	11:19	-0.5	11:52	3.0	5:28	6:49	
20	Sat	5:15	5.0	7:54	4.8			12:29	-0.3	5:26	6:50	
21	Sun	6:35	4.8	8:37	5.0	1:10	2.6	1:28	-0.1	5:25	6:51	
22	Mon	7:48	4.7	9:12	5.2	2:11	2.0	2:16	0.1	5:24	6:51	
23	Tue	8:52	4.6	9:43	5.4	3:02	1.4	2:58	0.4	5:22	6:52	
24	Wed	9:48	4.6	10:09	5.5	3:45	0.9	3:34	0.8	5:21	6:53	
25	Thu	10:39	4.5	10:33	5.5	4:24	0.4	4:07	1.2	5:20	6:54	
26	Fri	11:28	4.4	10:56	5.6	4:59	0.1	4:38	1.6	5:19	6:55	
27	Sat			12:15	4.4	5:31	-0.2	5:10	2.1	5:17	6:56	
28	Sun			2:01	4.3	7:03	-0.3	6:41	2.5	6:16	7:57	
29	Mon	12:42	5.6	2:48	4.2	7:36	-0.4	7:14	2.8	6:15	7:58	
30	Tue	1:10	5.6	3:38	4.1	8:11	-0.4	7:49	3.1	6:14	7:59	