

Alcatraz Island, CA - Feb 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:06	4.7	10:24 AM	6.1	4:38	3.0	5:27	-0.6	7:13	5:33	
2	Sun	12:32	4.7	11:02 AM	6.0	5:13	2.8	5:55	-0.6	7:12	5:34	
3	Mon	12:58	4.8	11:40 AM	5.9	5:48	2.6	6:23	-0.5	7:11	5:35	
4	Tue	1:23	5.0	12:19	5.6	6:26	2.3	6:52	-0.2	7:10	5:36	
5	Wed	1:49	5.1	1:02	5.3	7:07	2.0	7:22	0.2	7:09	5:37	
6	Thu	2:16	5.3	1:50	4.8	7:54	1.7	7:54	0.7	7:08	5:38	
7	Fri	2:46	5.5	2:49	4.3	8:48	1.4	8:29	1.4	7:07	5:39	
8	Sat	3:20	5.7	4:07	3.8	9:50	1.1	9:10	2.1	7:06	5:41	
9	Sun	4:01	5.8	5:56	3.6	11:02	0.7	10:03	2.8	7:05	5:42	
10	Mon	4:53	6.0	7:52	3.8			12:18	0.3	7:04	5:43	
11	Tue	5:56	6.1	9:10	4.2			1:30	-0.2	7:03	5:44	
12	Wed	7:04	6.3	10:01	4.5	12:48	3.4	2:32	-0.7	7:02	5:45	
13	Thu	8:09	6.5	10:42	4.8	2:04	3.3	3:26	-1.0	7:01	5:46	
14	Fri	9:10	6.7	11:20	5.0	3:07	2.9	4:14	-1.3	7:00	5:47	
15	Sat	10:05	6.7	11:55	5.2	4:02	2.5	4:57	-1.3	6:59	5:48	
16	Sun	10:57	6.6			4:54	2.1	5:37	-1.1	6:57	5:49	
17	Mon	12:30	5.4	11:48 AM	6.2	5:44	1.7	6:15	-0.7	6:56	5:50	
18	Tue	1:03	5.6	12:38	5.8	6:33	1.4	6:51	-0.2	6:55	5:51	
19	Wed	1:35	5.7	1:29	5.2	7:23	1.1	7:27	0.5	6:54	5:52	
20	Thu	2:06	5.7	2:24	4.6	8:14	1.0	8:02	1.2	6:52	5:53	
21	Fri	2:38	5.7	3:28	4.1	9:08	0.9	8:41	2.0	6:51	5:55	
22	Sat	3:13	5.6	4:53	3.7	10:09	0.9	9:26	2.7	6:50	5:56	
23	Sun	3:53	5.4	6:47	3.7	11:18	0.9	10:31	3.2	6:49	5:57	
24	Mon	4:42	5.3	8:25	3.9			12:30	0.7	6:47	5:58	
25	Tue	5:44	5.2	9:21	4.2	12:01	3.5	1:36	0.5	6:46	5:59	
26	Wed	6:49	5.3	9:59	4.4	1:20	3.5	2:30	0.3	6:45	6:00	
27	Thu	7:49	5.4	10:29	4.5	2:19	3.2	3:14	0.0	6:43	6:01	
28	Fri	8:41	5.5	10:55	4.6	3:04	3.0	3:51	-0.2	6:42	6:02	