

## Alcatraz Island, CA - Apr 1969

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Tue | 10:40 | 5.1 | 11:09 | 5.4 | 4:31  | 1.0  | 4:37  | 0.5  | 5:54                                                                                | 6:32 |    |
| 2    | Wed | 11:29 | 5.0 | 11:36 | 5.7 | 5:08  | 0.4  | 5:08  | 0.9  | 5:52                                                                                | 6:33 |    |
| 3    | Thu |       |     | 12:20 | 4.9 | 5:47  | -0.1 | 5:41  | 1.3  | 5:51                                                                                | 6:34 |    |
| 4    | Fri | 12:04 | 5.9 | 1:15  | 4.7 | 6:30  | -0.5 | 6:17  | 1.9  | 5:49                                                                                | 6:35 |    |
| 5    | Sat | 12:36 | 6.1 | 2:15  | 4.4 | 7:16  | -0.7 | 6:56  | 2.4  | 5:48                                                                                | 6:36 |    |
| 6    | Sun | 1:14  | 6.1 | 3:25  | 4.2 | 8:08  | -0.8 | 7:42  | 2.8  | 5:47                                                                                | 6:37 |    |
| 7    | Mon | 1:59  | 6.0 | 4:46  | 4.1 | 9:08  | -0.7 | 8:41  | 3.2  | 5:45                                                                                | 6:38 |    |
| 8    | Tue | 2:55  | 5.8 | 6:11  | 4.1 | 10:18 | -0.6 | 10:09 | 3.4  | 5:44                                                                                | 6:38 |    |
| 9    | Wed | 4:06  | 5.5 | 7:20  | 4.4 | 11:34 | -0.5 | 11:52 | 3.2  | 5:42                                                                                | 6:39 |    |
| 10   | Thu | 5:28  | 5.3 | 8:11  | 4.7 |       |      | 12:44 | -0.4 | 5:41                                                                                | 6:40 |    |
| 11   | Fri | 6:49  | 5.2 | 8:52  | 5.0 | 1:13  | 2.7  | 1:43  | -0.4 | 5:39                                                                                | 6:41 |    |
| 12   | Sat | 8:01  | 5.1 | 9:27  | 5.2 | 2:16  | 2.0  | 2:33  | -0.2 | 5:38                                                                                | 6:42 |   |
| 13   | Sun | 9:05  | 5.1 | 9:59  | 5.5 | 3:09  | 1.3  | 3:15  | 0.0  | 5:36                                                                                | 6:43 |  |
| 14   | Mon | 10:03 | 5.0 | 10:29 | 5.7 | 3:56  | 0.7  | 3:54  | 0.4  | 5:35                                                                                | 6:44 |  |
| 15   | Tue | 10:58 | 4.9 | 10:58 | 5.8 | 4:38  | 0.2  | 4:30  | 0.9  | 5:34                                                                                | 6:45 |  |
| 16   | Wed | 11:50 | 4.7 | 11:25 | 5.9 | 5:18  | -0.2 | 5:05  | 1.4  | 5:32                                                                                | 6:46 |  |
| 17   | Thu |       |     | 12:41 | 4.6 | 5:57  | -0.4 | 5:40  | 1.9  | 5:31                                                                                | 6:47 |  |
| 18   | Fri |       |     | 1:32  | 4.4 | 6:34  | -0.5 | 6:16  | 2.4  | 5:29                                                                                | 6:48 |  |
| 19   | Sat | 12:19 | 5.7 | 2:25  | 4.3 | 7:12  | -0.5 | 6:54  | 2.8  | 5:28                                                                                | 6:48 |  |
| 20   | Sun | 12:49 | 5.6 | 3:23  | 4.1 | 7:52  | -0.3 | 7:35  | 3.1  | 5:27                                                                                | 6:49 |  |
| 21   | Mon | 1:24  | 5.4 | 4:29  | 4.0 | 8:38  | -0.1 | 8:27  | 3.4  | 5:25                                                                                | 6:50 |  |
| 22   | Tue | 2:06  | 5.1 | 5:42  | 4.0 | 9:31  | 0.1  | 9:41  | 3.5  | 5:24                                                                                | 6:51 |  |
| 23   | Wed | 2:59  | 4.8 | 6:46  | 4.1 | 10:32 | 0.2  | 11:12 | 3.4  | 5:23                                                                                | 6:52 |  |
| 24   | Thu | 4:04  | 4.5 | 7:31  | 4.2 | 11:36 | 0.3  |       |      | 5:21                                                                                | 6:53 |  |
| 25   | Fri | 5:18  | 4.4 | 8:03  | 4.4 | 12:28 | 3.1  | 12:33 | 0.3  | 5:20                                                                                | 6:54 |  |
| 26   | Sat | 6:31  | 4.3 | 8:30  | 4.6 | 1:25  | 2.6  | 1:21  | 0.4  | 5:19                                                                                | 6:55 |  |
| 27   | Sun | 8:39  | 4.3 | 9:55  | 4.9 | 3:11  | 2.0  | 3:02  | 0.5  | 6:18                                                                                | 7:56 |  |
| 28   | Mon | 9:41  | 4.4 | 10:20 | 5.2 | 3:51  | 1.4  | 3:39  | 0.7  | 6:16                                                                                | 7:57 |  |
| 29   | Tue | 10:39 | 4.5 | 10:47 | 5.6 | 4:29  | 0.7  | 4:15  | 1.0  | 6:15                                                                                | 7:58 |  |
| 30   | Wed | 11:36 | 4.6 | 11:15 | 5.9 | 5:07  | 0.0  | 4:52  | 1.4  | 6:14                                                                                | 7:59 |  |