

Alcatraz Island, CA - May 1971

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:35	4.9	7:32	4.5	11:53	-0.1			6:13	7:59	
2	Sun	5:46	4.5	8:20	4.7	12:41	2.8	12:54	0.2	6:12	8:00	
3	Mon	7:03	4.2	8:58	4.8	1:51	2.4	1:48	0.5	6:11	8:01	
4	Tue	8:17	4.0	9:29	5.0	2:47	1.9	2:34	0.8	6:10	8:02	
5	Wed	9:24	4.0	9:55	5.2	3:35	1.4	3:14	1.1	6:09	8:03	
6	Thu	10:23	4.0	10:20	5.3	4:15	0.8	3:50	1.4	6:08	8:04	
7	Fri	11:16	4.1	10:44	5.5	4:52	0.4	4:23	1.8	6:07	8:05	
8	Sat			12:05	4.2	5:25	0.0	4:56	2.2	6:06	8:05	
9	Sun			12:52	4.2	5:58	-0.3	5:29	2.5	6:05	8:06	
10	Mon			1:38	4.3	6:30	-0.6	6:02	2.7	6:04	8:07	
11	Tue	12:08	5.9	2:24	4.3	7:05	-0.8	6:38	3.0	6:03	8:08	
12	Wed	12:42	5.9	3:11	4.3	7:43	-0.9	7:17	3.1	6:02	8:09	
13	Thu	1:19	5.8	4:01	4.3	8:25	-0.9	8:02	3.2	6:01	8:10	
14	Fri	2:02	5.7	4:53	4.3	9:12	-0.9	8:57	3.3	6:00	8:11	
15	Sat	2:51	5.5	5:46	4.3	10:03	-0.8	10:09	3.2	5:59	8:12	
16	Sun	3:50	5.2	6:35	4.5	10:58	-0.6	11:34	2.9	5:58	8:13	
17	Mon	5:00	4.8	7:20	4.8	11:55	-0.3			5:58	8:13	
18	Tue	6:22	4.4	8:01	5.2	12:55	2.3	12:50	0.1	5:57	8:14	
19	Wed	7:47	4.2	8:39	5.6	2:03	1.6	1:44	0.5	5:56	8:15	
20	Thu	9:09	4.2	9:17	6.0	3:02	0.7	2:35	1.0	5:55	8:16	
21	Fri	10:24	4.3	9:55	6.4	3:54	-0.1	3:24	1.5	5:55	8:17	
22	Sat	11:31	4.5	10:35	6.6	4:43	-0.8	4:13	2.0	5:54	8:18	
23	Sun			12:32	4.6	5:30	-1.3	5:02	2.4	5:53	8:18	
24	Mon			1:29	4.7	6:17	-1.6	5:52	2.7	5:53	8:19	
25	Tue			2:23	4.8	7:03	-1.6	6:43	2.9	5:52	8:20	
26	Wed	12:43	6.5	3:15	4.8	7:50	-1.5	7:37	3.0	5:51	8:21	
27	Thu	1:29	6.2	4:06	4.7	8:37	-1.2	8:35	3.1	5:51	8:21	
28	Fri	2:16	5.7	4:57	4.7	9:24	-0.9	9:40	3.1	5:50	8:22	
29	Sat	3:06	5.3	5:46	4.7	10:12	-0.5	10:52	2.9	5:50	8:23	
30	Sun	4:00	4.7	6:32	4.7	11:01	0.0			5:49	8:24	
31	Mon	5:03	4.2	7:13	4.8	12:05	2.7	11:51 AM	0.5	5:49	8:24	