

Alcatraz Island, CA - Aug 1971

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:02	3.8	7:46	5.9	2:28	0.8	1:26	3.4	6:12	8:19	
2	Mon	10:53	4.1	8:40	6.1	3:20	0.3	2:34	3.5	6:13	8:18	
3	Tue	11:31	4.4	9:32	6.4	4:06	-0.1	3:29	3.4	6:14	8:17	
4	Wed			12:05	4.6	4:48	-0.5	4:18	3.2	6:15	8:16	
5	Thu			12:37	4.8	5:28	-0.8	5:05	2.9	6:16	8:15	
6	Fri			1:09	5.0	6:06	-1.0	5:52	2.5	6:16	8:14	
7	Sat			1:41	5.3	6:45	-1.0	6:42	2.1	6:17	8:12	
8	Sun	12:50	6.5	2:14	5.6	7:22	-0.7	7:34	1.7	6:18	8:11	
9	Mon	1:43	6.1	2:48	5.8	8:01	-0.2	8:29	1.4	6:19	8:10	
10	Tue	2:40	5.5	3:25	6.1	8:40	0.4	9:30	1.0	6:20	8:09	
11	Wed	3:44	4.9	4:06	6.3	9:22	1.2	10:37	0.8	6:21	8:08	
12	Thu	5:01	4.4	4:52	6.4	10:09	1.9	11:51	0.6	6:22	8:07	
13	Fri	6:35	4.0	5:45	6.4	11:07	2.6			6:23	8:06	
14	Sat	8:16	4.1	6:46	6.3	1:08	0.3	12:21	3.1	6:23	8:04	
15	Sun	9:37	4.4	7:51	6.3	2:19	0.1	1:43	3.3	6:24	8:03	
16	Mon	10:35	4.7	8:53	6.3	3:21	-0.2	2:54	3.2	6:25	8:02	
17	Tue	11:20	4.9	9:49	6.3	4:13	-0.3	3:53	3.0	6:26	8:00	
18	Wed	11:59	5.0	10:38	6.3	4:58	-0.4	4:43	2.8	6:27	7:59	
19	Thu			12:33	5.1	5:36	-0.3	5:27	2.5	6:28	7:58	
20	Fri			1:03	5.2	6:09	-0.2	6:08	2.3	6:29	7:57	
21	Sat	12:05	5.9	1:30	5.2	6:40	0.0	6:47	2.1	6:29	7:55	
22	Sun	12:45	5.6	1:54	5.3	7:08	0.4	7:25	1.9	6:30	7:54	
23	Mon	1:24	5.3	2:17	5.3	7:36	0.8	8:03	1.7	6:31	7:52	
24	Tue	2:06	5.0	2:41	5.4	8:03	1.2	8:43	1.5	6:32	7:51	
25	Wed	2:50	4.6	3:07	5.5	8:31	1.8	9:28	1.4	6:33	7:50	
26	Thu	3:43	4.2	3:37	5.5	9:00	2.3	10:19	1.4	6:34	7:48	
27	Fri	4:51	3.9	4:15	5.5	9:34	2.8	11:20	1.3	6:35	7:47	
28	Sat	6:26	3.7	5:04	5.5	10:19	3.2			6:35	7:45	
29	Sun	8:21	3.8	6:04	5.5	12:31	1.1	11:35 AM	3.6	6:36	7:44	
30	Mon	9:34	4.1	7:10	5.7	1:41	0.8	1:09	3.6	6:37	7:43	
31	Tue	10:15	4.3	8:13	5.9	2:41	0.4	2:21	3.5	6:38	7:41	