

Alcatraz Island, CA - Oct 1971

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:26	5.2	9:55	5.8	3:33	0.0	3:52	1.8	7:04	6:53	
2	Sat	10:57	5.6	10:54	5.8	4:15	0.0	4:39	1.1	7:05	6:52	
3	Sun	11:28	6.0	11:52	5.8	4:55	0.3	5:26	0.3	7:06	6:50	
4	Mon			12:01	6.4	5:34	0.7	6:14	-0.3	7:07	6:49	
5	Tue	12:50	5.6	12:36	6.6	6:15	1.3	7:03	-0.7	7:08	6:47	
6	Wed	1:49	5.4	1:15	6.8	6:57	1.8	7:54	-0.8	7:09	6:46	
7	Thu	2:52	5.1	1:57	6.7	7:43	2.4	8:48	-0.8	7:10	6:44	
8	Fri	3:59	4.8	2:44	6.5	8:34	2.9	9:48	-0.5	7:11	6:43	
9	Sat	5:13	4.7	3:39	6.1	9:38	3.2	10:55	-0.2	7:12	6:41	
10	Sun	6:32	4.6	4:44	5.7	11:01	3.4			7:13	6:40	
11	Mon	7:43	4.7	5:59	5.3	12:08	0.1	12:33	3.3	7:14	6:38	
12	Tue	8:40	4.9	7:16	5.1	1:18	0.2	1:49	2.9	7:14	6:37	
13	Wed	9:24	5.1	8:26	5.0	2:17	0.4	2:50	2.4	7:15	6:36	
14	Thu	10:00	5.3	9:27	5.0	3:06	0.5	3:39	1.9	7:16	6:34	
15	Fri	10:30	5.4	10:21	4.9	3:46	0.7	4:21	1.4	7:17	6:33	
16	Sat	10:55	5.5	11:09	4.9	4:20	1.0	4:59	1.0	7:18	6:31	
17	Sun	11:18	5.6	11:55	4.8	4:51	1.4	5:33	0.7	7:19	6:30	
18	Mon	11:40	5.7			5:21	1.8	6:05	0.4	7:20	6:29	
19	Tue	12:39	4.7	12:02	5.8	5:49	2.1	6:36	0.2	7:21	6:27	
20	Wed	1:23	4.6	12:26	5.8	6:18	2.5	7:08	0.0	7:22	6:26	
21	Thu	2:08	4.5	12:54	5.8	6:48	2.8	7:43	0.0	7:23	6:25	
22	Fri	2:56	4.4	1:25	5.8	7:20	3.1	8:22	0.0	7:24	6:23	
23	Sat	3:49	4.3	2:01	5.7	7:56	3.4	9:07	0.0	7:25	6:22	
24	Sun	4:49	4.2	2:46	5.5	8:41	3.5	10:00	0.1	7:26	6:21	
25	Mon	5:56	4.2	3:40	5.3	9:45	3.7	11:00	0.1	7:27	6:19	
26	Tue	6:58	4.3	4:49	5.1	11:16	3.6			7:28	6:18	
27	Wed	7:48	4.6	6:07	4.9	12:04	0.2	12:45	3.2	7:29	6:17	
28	Thu	8:27	4.9	7:27	4.9	1:05	0.2	1:54	2.6	7:30	6:16	
29	Fri	9:01	5.3	8:42	4.9	1:59	0.3	2:49	1.8	7:31	6:15	
30	Sat	9:34	5.7	9:51	5.0	2:48	0.5	3:39	0.9	7:32	6:14	
31	Sun	9:07	6.1	9:56	5.1	2:33	0.9	3:27	0.1	6:33	5:12	