

Alcatraz Island, CA - Nov 1971

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:42	6.5	10:57	5.2	3:17	1.3	4:14	-0.6	6:34	5:11	
2	Tue	10:19	6.8	11:57	5.2	4:00	1.8	5:01	-1.2	6:35	5:10	
3	Wed	10:58	7.0			4:46	2.2	5:49	-1.4	6:36	5:09	
4	Thu	12:56	5.1	11:41 AM	6.9	5:33	2.6	6:39	-1.4	6:37	5:08	
5	Fri	1:55	5.0	12:27	6.7	6:24	3.0	7:31	-1.2	6:39	5:07	
6	Sat	2:56	4.9	1:17	6.3	7:21	3.2	8:25	-0.8	6:40	5:06	
7	Sun	3:58	4.8	2:12	5.8	8:29	3.3	9:24	-0.4	6:41	5:05	
8	Mon	5:01	4.8	3:14	5.3	9:51	3.3	10:26	0.0	6:42	5:04	
9	Tue	6:00	4.9	4:25	4.8	11:15	3.0	11:27	0.4	6:43	5:03	
10	Wed	6:50	5.0	5:43	4.4			12:29	2.6	6:44	5:02	
11	Thu	7:32	5.2	7:01	4.2	12:23	0.7	1:29	2.0	6:45	5:01	
12	Fri	8:06	5.4	8:12	4.2	1:11	1.1	2:19	1.5	6:46	5:01	
13	Sat	8:35	5.5	9:14	4.2	1:54	1.4	3:01	0.9	6:47	5:00	
14	Sun	9:00	5.7	10:09	4.3	2:33	1.8	3:39	0.5	6:48	4:59	
15	Mon	9:25	5.8	10:58	4.4	3:08	2.2	4:13	0.1	6:49	4:58	
16	Tue	9:51	6.0	11:45	4.5	3:42	2.6	4:45	-0.2	6:50	4:58	
17	Wed	10:19	6.0			4:16	2.9	5:17	-0.4	6:51	4:57	
18	Thu	12:29	4.5	10:50 AM	6.1	4:49	3.1	5:50	-0.5	6:52	4:56	
19	Fri	1:12	4.5	11:23 AM	6.0	5:24	3.3	6:26	-0.6	6:53	4:56	
20	Sat	1:56	4.5	11:59 AM	6.0	6:01	3.4	7:05	-0.6	6:55	4:55	
21	Sun	2:42	4.5	12:40	5.8	6:43	3.5	7:48	-0.6	6:56	4:54	
22	Mon	3:29	4.5	1:25	5.6	7:35	3.5	8:35	-0.5	6:57	4:54	
23	Tue	4:18	4.6	2:19	5.3	8:40	3.4	9:26	-0.3	6:58	4:53	
24	Wed	5:04	4.7	3:25	4.9	10:01	3.2	10:20	0.0	6:59	4:53	
25	Thu	5:48	5.0	4:45	4.5	11:23	2.7	11:15	0.4	7:00	4:53	
26	Fri	6:28	5.3	6:13	4.3			12:35	1.9	7:01	4:52	
27	Sat	7:07	5.8	7:39	4.3	12:09	0.9	1:34	1.1	7:02	4:52	
28	Sun	7:45	6.2	8:57	4.4	1:02	1.4	2:27	0.2	7:03	4:51	
29	Mon	8:25	6.6	10:06	4.6	1:54	1.9	3:17	-0.6	7:04	4:51	
30	Tue	9:05	6.9	11:07	4.8	2:45	2.3	4:04	-1.2	7:05	4:51	