

Alcatraz Island, CA - Feb 1972

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:20	5.3	12:29	5.6	6:37	2.0	6:55	-0.1	7:14	5:32	
2	Wed	1:49	5.3	1:12	5.1	7:21	1.9	7:26	0.4	7:13	5:33	
3	Thu	2:17	5.3	1:57	4.6	8:07	1.7	7:57	1.0	7:12	5:34	
4	Fri	2:45	5.4	2:49	4.1	8:57	1.6	8:29	1.6	7:11	5:35	
5	Sat	3:15	5.4	3:55	3.7	9:53	1.5	9:03	2.2	7:10	5:36	
6	Sun	3:51	5.4	5:30	3.4	10:58	1.3	9:47	2.8	7:09	5:37	
7	Mon	4:36	5.4	7:36	3.5			12:08	1.1	7:08	5:39	
8	Tue	5:30	5.4	9:00	3.8			1:13	0.8	7:07	5:40	
9	Wed	6:29	5.5	9:44	4.1	12:23	3.4	2:08	0.4	7:06	5:41	
10	Thu	7:27	5.7	10:17	4.3	1:35	3.4	2:54	0.0	7:05	5:42	
11	Fri	8:21	5.9	10:47	4.5	2:29	3.2	3:35	-0.4	7:04	5:43	
12	Sat	9:10	6.1	11:15	4.7	3:15	3.0	4:11	-0.7	7:03	5:44	
13	Sun	9:57	6.3	11:43	5.0	3:57	2.6	4:46	-0.8	7:02	5:45	
14	Mon	10:44	6.3			4:39	2.2	5:21	-0.8	7:01	5:46	
15	Tue	12:12	5.2	11:31 AM	6.2	5:23	1.7	5:56	-0.6	6:59	5:47	
16	Wed	12:42	5.5	12:21	5.9	6:10	1.3	6:31	-0.2	6:58	5:48	
17	Thu	1:14	5.8	1:15	5.4	6:59	0.9	7:08	0.4	6:57	5:49	
18	Fri	1:48	6.0	2:14	4.9	7:53	0.6	7:47	1.1	6:56	5:51	
19	Sat	2:26	6.2	3:24	4.3	8:53	0.4	8:31	1.8	6:55	5:52	
20	Sun	3:10	6.2	4:52	3.9	10:01	0.3	9:24	2.5	6:53	5:53	
21	Mon	4:02	6.1	6:35	3.9	11:19	0.2	10:37	3.0	6:52	5:54	
22	Tue	5:05	6.0	8:04	4.1			12:38	0.0	6:51	5:55	
23	Wed	6:16	6.0	9:06	4.5	12:08	3.2	1:48	-0.2	6:49	5:56	
24	Thu	7:26	6.0	9:52	4.8	1:30	3.1	2:45	-0.4	6:48	5:57	
25	Fri	8:29	6.0	10:31	5.0	2:35	2.7	3:33	-0.5	6:47	5:58	
26	Sat	9:23	6.0	11:06	5.1	3:29	2.4	4:13	-0.5	6:45	5:59	
27	Sun	10:12	5.9	11:37	5.2	4:15	2.0	4:48	-0.3	6:44	6:00	
28	Mon	10:57	5.7			4:57	1.7	5:20	-0.1	6:43	6:01	
29	Tue	12:05	5.3	11:39 AM	5.4	5:37	1.4	5:50	0.3	6:41	6:02	