

Alcatraz Island, CA - May 1972

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:14	5.6	3:39	4.1	8:13	-0.5	7:52	3.1	6:13	8:00	
2	Tue	1:50	5.5	4:29	4.1	8:54	-0.4	8:35	3.2	6:11	8:01	
3	Wed	2:31	5.3	5:23	4.1	9:39	-0.4	9:30	3.3	6:10	8:02	
4	Thu	3:19	5.0	6:17	4.1	10:30	-0.3	10:45	3.2	6:09	8:03	
5	Fri	4:17	4.8	7:06	4.3	11:26	-0.1			6:08	8:03	
6	Sat	5:27	4.5	7:48	4.6	12:09	2.9	12:23	0.0	6:07	8:04	
7	Sun	6:47	4.3	8:25	4.9	1:23	2.4	1:17	0.3	6:06	8:05	
8	Mon	8:07	4.3	9:00	5.4	2:22	1.7	2:08	0.6	6:05	8:06	
9	Tue	9:23	4.3	9:35	5.8	3:14	0.8	2:57	0.9	6:04	8:07	
10	Wed	10:33	4.5	10:11	6.2	4:03	0.0	3:44	1.3	6:03	8:08	
11	Thu	11:37	4.6	10:51	6.6	4:51	-0.8	4:31	1.8	6:02	8:09	
12	Fri			12:38	4.8	5:39	-1.4	5:18	2.1	6:01	8:10	
13	Sat			1:36	4.8	6:27	-1.7	6:08	2.4	6:00	8:11	
14	Sun	12:18	6.8	2:33	4.8	7:17	-1.8	7:00	2.7	5:59	8:11	
15	Mon	1:06	6.7	3:29	4.8	8:08	-1.7	7:58	2.8	5:59	8:12	
16	Tue	1:57	6.4	4:26	4.8	9:01	-1.4	9:03	2.9	5:58	8:13	
17	Wed	2:51	5.9	5:23	4.8	9:56	-1.0	10:18	2.8	5:57	8:14	
18	Thu	3:51	5.3	6:18	4.9	10:52	-0.6	11:39	2.6	5:56	8:15	
19	Fri	4:57	4.7	7:10	5.0	11:49	-0.1			5:55	8:16	
20	Sat	6:13	4.2	7:55	5.2	12:56	2.2	12:44	0.4	5:55	8:17	
21	Sun	7:34	3.9	8:34	5.3	2:03	1.7	1:36	0.9	5:54	8:17	
22	Mon	8:54	3.8	9:09	5.5	2:59	1.1	2:24	1.4	5:53	8:18	
23	Tue	10:04	3.8	9:39	5.6	3:47	0.6	3:08	1.8	5:53	8:19	
24	Wed	11:05	4.0	10:08	5.7	4:28	0.2	3:49	2.2	5:52	8:20	
25	Thu	11:58	4.1	10:37	5.8	5:05	-0.2	4:28	2.5	5:52	8:21	
26	Fri			12:44	4.2	5:39	-0.4	5:05	2.8	5:51	8:21	
27	Sat			1:27	4.3	6:12	-0.6	5:42	3.0	5:51	8:22	
28	Sun			2:08	4.3	6:45	-0.7	6:18	3.1	5:50	8:23	
29	Mon	12:14	5.9	2:47	4.4	7:19	-0.8	6:56	3.2	5:50	8:24	
30	Tue	12:51	5.8	3:26	4.4	7:55	-0.8	7:37	3.2	5:49	8:24	
31	Wed	1:29	5.7	4:06	4.4	8:33	-0.8	8:23	3.2	5:49	8:25	