

Alcatraz Island, CA - Jun 1972

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:11	5.4	4:47	4.5	9:14	-0.7	9:19	3.1	5:48	8:26	
2	Fri	2:58	5.1	5:27	4.6	9:57	-0.5	10:27	2.9	5:48	8:26	
3	Sat	3:54	4.8	6:08	4.9	10:44	-0.2	11:42	2.5	5:48	8:27	
4	Sun	5:04	4.3	6:47	5.2	11:33	0.3			5:47	8:28	
5	Mon	6:27	4.0	7:27	5.6	12:54	1.9	12:25	0.8	5:47	8:28	
6	Tue	7:58	3.8	8:08	6.0	1:58	1.1	1:19	1.3	5:47	8:29	
7	Wed	9:25	3.9	8:50	6.4	2:55	0.3	2:14	1.8	5:47	8:29	
8	Thu	10:40	4.2	9:34	6.7	3:48	-0.5	3:08	2.3	5:47	8:30	
9	Fri	11:44	4.5	10:21	6.9	4:38	-1.1	4:03	2.6	5:47	8:30	
10	Sat			12:42	4.7	5:28	-1.6	4:58	2.8	5:46	8:31	
11	Sun			1:34	4.9	6:17	-1.8	5:53	2.9	5:46	8:31	
12	Mon			2:24	5.0	7:06	-1.8	6:50	2.9	5:46	8:32	
13	Tue	12:50	6.7	3:12	5.0	7:53	-1.6	7:48	2.8	5:46	8:32	
14	Wed	1:41	6.3	3:58	5.1	8:40	-1.3	8:50	2.7	5:46	8:33	
15	Thu	2:34	5.8	4:44	5.1	9:27	-0.8	9:58	2.6	5:46	8:33	
16	Fri	3:28	5.2	5:28	5.2	10:13	-0.3	11:09	2.3	5:46	8:33	
17	Sat	4:29	4.5	6:12	5.3	10:59	0.3			5:47	8:34	
18	Sun	5:41	3.9	6:53	5.4	12:21	2.0	11:47 AM	1.0	5:47	8:34	
19	Mon	7:07	3.6	7:32	5.5	1:28	1.5	12:37	1.6	5:47	8:34	
20	Tue	8:40	3.5	8:09	5.7	2:27	1.1	1:29	2.2	5:47	8:34	
21	Wed	10:02	3.7	8:46	5.8	3:18	0.6	2:21	2.6	5:47	8:35	
22	Thu	11:05	3.9	9:23	5.9	4:02	0.2	3:11	2.9	5:48	8:35	
23	Fri	11:55	4.2	10:00	6.0	4:41	-0.1	3:57	3.1	5:48	8:35	
24	Sat			12:38	4.3	5:18	-0.4	4:40	3.2	5:48	8:35	
25	Sun			1:15	4.4	5:53	-0.6	5:21	3.3	5:48	8:35	
26	Mon			1:49	4.5	6:27	-0.7	6:00	3.2	5:49	8:35	
27	Tue			2:22	4.6	7:01	-0.8	6:40	3.2	5:49	8:35	
28	Wed	12:35	6.1	2:55	4.7	7:35	-0.9	7:22	3.1	5:50	8:35	
29	Thu	1:16	5.9	3:28	4.8	8:10	-0.8	8:09	2.9	5:50	8:35	
30	Fri	1:59	5.6	4:01	5.0	8:47	-0.6	9:03	2.7	5:50	8:35	