

Alcatraz Island, CA - Sep 1972

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:21	4.3	6:40	6.2	12:55	0.2	12:29	3.3	6:39	7:38	
2	Sat	9:28	4.6	7:52	6.2	2:08	0.0	1:53	3.2	6:40	7:37	
3	Sun	10:18	4.9	8:58	6.2	3:10	-0.2	3:02	2.9	6:41	7:35	
4	Mon	10:59	5.1	9:57	6.2	4:01	-0.3	3:58	2.4	6:42	7:34	
5	Tue	11:36	5.3	10:50	6.1	4:44	-0.2	4:48	2.0	6:43	7:32	
6	Wed			12:09	5.5	5:22	-0.1	5:33	1.7	6:44	7:31	
7	Thu			12:39	5.6	5:57	0.2	6:15	1.4	6:45	7:29	
8	Fri	12:25	5.7	1:06	5.6	6:30	0.6	6:56	1.1	6:45	7:28	
9	Sat	1:10	5.3	1:33	5.7	7:01	1.1	7:35	1.0	6:46	7:26	
10	Sun	1:56	5.0	1:59	5.7	7:32	1.6	8:15	0.9	6:47	7:25	
11	Mon	2:44	4.7	2:26	5.6	8:04	2.1	8:56	0.9	6:48	7:23	
12	Tue	3:36	4.4	2:57	5.6	8:38	2.6	9:43	0.9	6:49	7:22	
13	Wed	4:40	4.1	3:34	5.5	9:16	3.0	10:39	1.0	6:50	7:20	
14	Thu	6:02	3.9	4:22	5.3	10:07	3.4	11:46	1.0	6:50	7:19	
15	Fri	7:40	4.0	5:23	5.2	11:29	3.6			6:51	7:17	
16	Sat	8:51	4.1	6:31	5.2	12:57	0.9	1:01	3.6	6:52	7:15	
17	Sun	9:34	4.3	7:38	5.3	2:00	0.7	2:09	3.3	6:53	7:14	
18	Mon	10:05	4.6	8:39	5.5	2:51	0.5	2:59	2.9	6:54	7:12	
19	Tue	10:32	4.8	9:33	5.6	3:33	0.3	3:42	2.5	6:55	7:11	
20	Wed	10:59	5.1	10:25	5.8	4:10	0.2	4:23	1.9	6:56	7:09	
21	Thu	11:26	5.4	11:16	5.8	4:46	0.2	5:03	1.3	6:56	7:08	
22	Fri	11:54	5.7			5:21	0.4	5:45	0.8	6:57	7:06	
23	Sat	12:08	5.7	12:25	6.1	5:57	0.7	6:29	0.2	6:58	7:05	
24	Sun	1:02	5.5	12:58	6.4	6:34	1.2	7:16	-0.2	6:59	7:03	
25	Mon	1:59	5.3	1:34	6.5	7:13	1.7	8:06	-0.4	7:00	7:01	
26	Tue	3:00	5.0	2:16	6.6	7:56	2.3	9:02	-0.4	7:01	7:00	
27	Wed	4:08	4.7	3:04	6.4	8:45	2.7	10:04	-0.3	7:02	6:58	
28	Thu	5:25	4.5	4:01	6.2	9:47	3.1	11:15	-0.1	7:02	6:57	
29	Fri	6:48	4.5	5:10	5.9	11:11	3.3			7:03	6:55	
30	Sat	8:01	4.7	6:27	5.7	12:31	0.0	12:44	3.2	7:04	6:54	