

Alcatraz Island, CA - Jul 1973

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:04	7.1	2:14	5.2	7:04	-1.7	6:55	2.5	5:51	8:35	
2	Mon	12:58	6.8	2:58	5.3	7:50	-1.5	7:54	2.4	5:51	8:35	
3	Tue	1:52	6.4	3:41	5.5	8:35	-1.1	8:57	2.2	5:52	8:35	
4	Wed	2:47	5.7	4:23	5.6	9:20	-0.5	10:04	1.9	5:52	8:35	
5	Thu	3:47	5.0	5:07	5.7	10:05	0.2	11:15	1.7	5:53	8:35	
6	Fri	4:56	4.4	5:51	5.8	10:52	0.9			5:53	8:34	
7	Sat	6:18	3.9	6:37	5.9	12:27	1.4	11:43 AM	1.6	5:54	8:34	
8	Sun	7:53	3.7	7:23	5.9	1:35	1.0	12:41	2.3	5:55	8:34	
9	Mon	9:24	3.8	8:09	6.0	2:37	0.6	1:43	2.7	5:55	8:34	
10	Tue	10:34	4.1	8:54	6.0	3:29	0.3	2:42	3.0	5:56	8:33	
11	Wed	11:27	4.3	9:37	6.1	4:15	0.0	3:36	3.2	5:56	8:33	
12	Thu			12:10	4.5	4:55	-0.2	4:23	3.2	5:57	8:32	
13	Fri			12:46	4.6	5:32	-0.3	5:05	3.2	5:58	8:32	
14	Sat			1:18	4.6	6:05	-0.4	5:44	3.1	5:58	8:31	
15	Sun			1:47	4.7	6:37	-0.5	6:21	3.0	5:59	8:31	
16	Mon	12:13	6.0	2:14	4.8	7:07	-0.5	6:59	2.8	6:00	8:30	
17	Tue	12:51	5.8	2:42	4.9	7:36	-0.4	7:38	2.7	6:01	8:30	
18	Wed	1:30	5.6	3:10	5.1	8:07	-0.2	8:21	2.5	6:01	8:29	
19	Thu	2:11	5.2	3:39	5.3	8:38	0.1	9:10	2.2	6:02	8:29	
20	Fri	2:58	4.8	4:12	5.5	9:12	0.6	10:06	2.0	6:03	8:28	
21	Sat	3:55	4.4	4:48	5.7	9:50	1.1	11:09	1.6	6:04	8:27	
22	Sun	5:10	3.9	5:29	5.9	10:34	1.7			6:04	8:27	
23	Mon	6:45	3.7	6:18	6.1	12:19	1.2	11:28 AM	2.3	6:05	8:26	
24	Tue	8:27	3.8	7:13	6.4	1:29	0.6	12:34	2.8	6:06	8:25	
25	Wed	9:49	4.1	8:12	6.7	2:34	0.0	1:46	3.0	6:07	8:24	
26	Thu	10:49	4.4	9:11	6.9	3:32	-0.5	2:54	3.0	6:08	8:24	
27	Fri	11:38	4.7	10:08	7.0	4:25	-0.9	3:57	2.9	6:08	8:23	
28	Sat			12:21	5.0	5:14	-1.2	4:54	2.6	6:09	8:22	
29	Sun			1:01	5.3	5:59	-1.2	5:50	2.3	6:10	8:21	
30	Mon			1:40	5.5	6:43	-1.1	6:44	2.0	6:11	8:20	
31	Tue	12:50	6.6	2:18	5.7	7:24	-0.8	7:39	1.7	6:12	8:19	