

Alcatraz Island, CA - Aug 1973

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:42	6.1	2:56	5.8	8:05	-0.3	8:35	1.5	6:13	8:18	
2	Thu	2:36	5.5	3:34	5.9	8:45	0.3	9:33	1.4	6:14	8:17	
3	Fri	3:34	4.9	4:13	5.9	9:26	1.0	10:36	1.3	6:14	8:16	
4	Sat	4:41	4.3	4:55	5.9	10:10	1.8	11:43	1.2	6:15	8:15	
5	Sun	6:03	3.9	5:40	5.8	11:02	2.4			6:16	8:14	
6	Mon	7:43	3.8	6:31	5.7	12:52	1.0	12:07	2.9	6:17	8:13	
7	Tue	9:14	4.0	7:26	5.7	1:58	0.8	1:20	3.2	6:18	8:12	
8	Wed	10:16	4.3	8:21	5.8	2:57	0.6	2:27	3.3	6:19	8:11	
9	Thu	11:01	4.5	9:11	5.9	3:46	0.3	3:22	3.2	6:20	8:10	
10	Fri	11:37	4.6	9:57	6.0	4:27	0.1	4:08	3.1	6:20	8:08	
11	Sat			12:07	4.7	5:03	0.0	4:48	2.9	6:21	8:07	
12	Sun			12:33	4.8	5:36	-0.1	5:25	2.7	6:22	8:06	
13	Mon			12:58	4.9	6:05	-0.1	6:01	2.4	6:23	8:05	
14	Tue			1:24	5.1	6:34	0.0	6:37	2.2	6:24	8:04	
15	Wed	12:39	5.8	1:49	5.3	7:02	0.1	7:15	1.9	6:25	8:02	
16	Thu	1:21	5.5	2:17	5.5	7:32	0.4	7:56	1.6	6:26	8:01	
17	Fri	2:06	5.2	2:46	5.7	8:04	0.9	8:43	1.4	6:26	8:00	
18	Sat	2:58	4.8	3:20	5.9	8:38	1.4	9:35	1.1	6:27	7:59	
19	Sun	4:00	4.4	3:59	6.0	9:17	1.9	10:37	0.9	6:28	7:57	
20	Mon	5:19	4.0	4:46	6.1	10:04	2.5	11:48	0.7	6:29	7:56	
21	Tue	6:55	3.9	5:44	6.2	11:07	3.0			6:30	7:55	
22	Wed	8:29	4.1	6:51	6.3	1:04	0.4	12:27	3.2	6:31	7:53	
23	Thu	9:37	4.4	7:59	6.4	2:14	0.0	1:49	3.2	6:32	7:52	
24	Fri	10:27	4.7	9:04	6.6	3:15	-0.3	2:58	2.9	6:32	7:50	
25	Sat	11:09	5.0	10:04	6.6	4:07	-0.6	3:58	2.5	6:33	7:49	
26	Sun	11:47	5.3	11:00	6.6	4:53	-0.6	4:52	2.0	6:34	7:48	
27	Mon			12:23	5.6	5:35	-0.5	5:43	1.6	6:35	7:46	
28	Tue			12:58	5.8	6:15	-0.2	6:32	1.2	6:36	7:45	
29	Wed	12:45	6.1	1:33	5.9	6:53	0.2	7:20	0.9	6:37	7:43	
30	Thu	1:37	5.7	2:07	6.0	7:31	0.7	8:09	0.8	6:38	7:42	
31	Fri	2:29	5.2	2:41	6.0	8:09	1.3	8:59	0.8	6:38	7:40	