

Alcatraz Island, CA - Sep 1973

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:26	4.8	3:16	5.9	8:48	1.9	9:52	0.8	6:39	7:39	
2	Sun	4:31	4.4	3:56	5.7	9:32	2.5	10:51	0.9	6:40	7:37	
3	Mon	5:50	4.1	4:42	5.5	10:27	3.0	11:59	1.0	6:41	7:36	
4	Tue	7:25	4.0	5:38	5.4	11:41	3.3			6:42	7:34	
5	Wed	8:46	4.2	6:42	5.3	1:09	0.9	1:04	3.4	6:43	7:33	
6	Thu	9:40	4.4	7:46	5.4	2:12	0.8	2:12	3.3	6:44	7:31	
7	Fri	10:18	4.5	8:43	5.5	3:04	0.6	3:05	3.0	6:44	7:30	
8	Sat	10:48	4.7	9:34	5.6	3:47	0.4	3:49	2.7	6:45	7:28	
9	Sun	11:14	4.9	10:20	5.7	4:23	0.3	4:28	2.3	6:46	7:27	
10	Mon	11:39	5.1	11:04	5.7	4:55	0.3	5:03	2.0	6:47	7:25	
11	Tue			12:03	5.3	5:25	0.4	5:39	1.6	6:48	7:24	
12	Wed			12:29	5.5	5:55	0.6	6:15	1.2	6:49	7:22	
13	Thu	12:32	5.5	12:56	5.7	6:25	0.9	6:53	0.8	6:49	7:21	
14	Fri	1:19	5.3	1:25	5.9	6:57	1.3	7:34	0.5	6:50	7:19	
15	Sat	2:10	5.1	1:58	6.1	7:32	1.7	8:20	0.3	6:51	7:17	
16	Sun	3:07	4.8	2:35	6.2	8:10	2.2	9:13	0.2	6:52	7:16	
17	Mon	4:13	4.5	3:20	6.2	8:55	2.6	10:14	0.2	6:53	7:14	
18	Tue	5:31	4.3	4:15	6.1	9:51	3.0	11:24	0.2	6:54	7:13	
19	Wed	6:57	4.3	5:22	5.9	11:09	3.3			6:55	7:11	
20	Thu	8:12	4.5	6:38	5.9	12:41	0.1	12:41	3.2	6:55	7:10	
21	Fri	9:09	4.8	7:53	5.9	1:51	0.0	2:00	2.8	6:56	7:08	
22	Sat	9:54	5.1	9:01	5.9	2:51	-0.1	3:04	2.3	6:57	7:06	
23	Sun	10:32	5.4	10:03	5.9	3:40	-0.1	3:59	1.7	6:58	7:05	
24	Mon	11:08	5.7	11:00	5.8	4:24	0.1	4:48	1.2	6:59	7:03	
25	Tue	11:42	5.9	11:53	5.7	5:04	0.4	5:34	0.7	7:00	7:02	
26	Wed			12:14	6.1	5:43	0.8	6:18	0.4	7:01	7:00	
27	Thu	12:45	5.4	12:46	6.1	6:20	1.2	7:01	0.2	7:01	6:59	
28	Fri	1:36	5.2	1:17	6.1	6:57	1.7	7:43	0.1	7:02	6:57	
29	Sat	2:28	4.9	1:49	6.0	7:35	2.2	8:25	0.2	7:03	6:56	
30	Sun	3:22	4.7	2:23	5.8	8:15	2.7	9:11	0.3	7:04	6:54	