

Alcatraz Island, CA - Feb 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:42	6.0	9:24	3.9	12:01	2.8	2:04	0.3	8:13	6:32	
2	Sat	7:44	6.2	10:24	4.3	1:20	3.0	3:05	-0.3	8:12	6:34	
3	Sun	8:47	6.5	11:11	4.6	2:33	3.0	3:59	-0.8	8:11	6:35	
4	Mon	9:46	6.7	11:52	5.0	3:37	2.7	4:47	-1.1	8:11	6:36	
5	Tue	10:43	6.9			4:35	2.4	5:33	-1.2	8:10	6:37	
6	Wed	12:31	5.3	11:37 AM	6.8	5:29	2.0	6:16	-1.2	8:09	6:38	
7	Thu	1:09	5.5	12:30	6.6	6:21	1.6	6:57	-0.9	8:08	6:39	
8	Fri	1:46	5.8	1:22	6.2	7:14	1.2	7:38	-0.5	8:07	6:40	
9	Sat	2:24	5.9	2:16	5.6	8:07	1.0	8:18	0.1	8:06	6:41	
10	Sun	3:02	6.0	3:13	5.0	9:02	0.8	8:59	0.8	8:04	6:42	
11	Mon	3:41	6.0	4:17	4.4	10:01	0.8	9:43	1.5	8:03	6:44	
12	Tue	4:24	5.9	5:34	4.0	11:06	0.8	10:35	2.2	8:02	6:45	
13	Wed	5:12	5.8	7:10	3.8			12:18	0.8	8:01	6:46	
14	Thu	6:06	5.6	8:46	3.9			1:30	0.7	8:00	6:47	
15	Fri	7:06	5.5	9:55	4.2	1:01	3.0	2:35	0.5	7:59	6:48	
16	Sat	8:07	5.5	10:42	4.4	2:15	3.1	3:29	0.3	7:58	6:49	
17	Sun	9:02	5.6	11:19	4.6	3:15	2.9	4:13	0.1	7:56	6:50	
18	Mon	9:51	5.6	11:49	4.7	4:04	2.7	4:51	0.0	7:55	6:51	
19	Tue	10:35	5.7			4:45	2.5	5:23	-0.1	7:54	6:52	
20	Wed	12:15	4.8	11:15 AM	5.7	5:22	2.2	5:52	0.0	7:53	6:53	
21	Thu	12:39	4.9	11:54 AM	5.6	5:57	2.0	6:20	0.1	7:51	6:54	
22	Fri	1:03	5.1	12:33	5.4	6:30	1.7	6:47	0.2	7:50	6:55	
23	Sat	1:27	5.2	1:13	5.2	7:04	1.4	7:15	0.5	7:49	6:56	
24	Sun	1:53	5.4	1:55	5.0	7:41	1.2	7:44	0.9	7:47	6:57	
25	Mon	2:20	5.5	2:41	4.6	8:21	1.0	8:16	1.3	7:46	6:58	
26	Tue	2:51	5.7	3:36	4.3	9:07	0.8	8:52	1.8	7:45	6:59	
27	Wed	3:27	5.7	4:44	3.9	10:00	0.6	9:34	2.3	7:43	7:00	
28	Thu	4:10	5.8	6:13	3.7	11:05	0.5	10:30	2.7	7:42	7:01	