

Alcatraz Island, CA - Feb 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:11	6.1	3:41	4.5	9:29	0.9	9:11	1.3	7:13	5:32	
2	Sun	4:00	6.1	5:05	4.1	10:42	0.7	10:09	2.0	7:13	5:33	
3	Mon	4:54	6.1	6:43	3.9	11:58	0.6	11:21	2.5	7:12	5:34	
4	Tue	5:53	6.0	8:11	4.1			1:10	0.3	7:11	5:36	
5	Wed	6:54	6.0	9:16	4.4	12:38	2.8	2:12	0.1	7:10	5:37	
6	Thu	7:52	6.0	10:05	4.7	1:48	2.9	3:03	-0.1	7:09	5:38	
7	Fri	8:44	6.0	10:45	4.8	2:47	2.8	3:46	-0.2	7:08	5:39	
8	Sat	9:30	6.0	11:20	4.9	3:35	2.6	4:23	-0.3	7:07	5:40	
9	Sun	10:12	5.9	11:50	5.0	4:18	2.4	4:56	-0.2	7:06	5:41	
10	Mon	10:51	5.8			4:56	2.2	5:26	-0.1	7:05	5:42	
11	Tue	12:16	5.0	11:28 AM	5.6	5:32	2.0	5:54	0.0	7:04	5:43	
12	Wed	12:41	5.1	12:05	5.4	6:07	1.9	6:22	0.3	7:03	5:44	
13	Thu	1:05	5.2	12:43	5.1	6:41	1.7	6:49	0.6	7:01	5:45	
14	Fri	1:30	5.3	1:22	4.8	7:18	1.6	7:18	1.0	7:00	5:47	
15	Sat	1:58	5.4	2:07	4.4	7:59	1.4	7:49	1.4	6:59	5:48	
16	Sun	2:29	5.4	3:01	4.0	8:45	1.3	8:24	1.9	6:58	5:49	
17	Mon	3:05	5.5	4:12	3.7	9:41	1.2	9:06	2.4	6:57	5:50	
18	Tue	3:50	5.5	5:47	3.6	10:48	1.0	10:04	2.8	6:55	5:51	
19	Wed	4:44	5.5	7:23	3.7			12:00	0.7	6:54	5:52	
20	Thu	5:47	5.6	8:31	4.0			1:07	0.3	6:53	5:53	
21	Fri	6:53	5.9	9:19	4.4	12:43	3.0	2:05	-0.1	6:52	5:54	
22	Sat	7:56	6.1	9:59	4.7	1:51	2.7	2:55	-0.5	6:50	5:55	
23	Sun	9:54	6.3	11:37	5.1	3:48	2.3	4:40	-0.8	7:49	6:56	
24	Mon	10:50	6.5			4:41	1.8	5:24	-0.8	7:48	6:57	
25	Tue	12:13	5.4	11:45 AM	6.4	5:32	1.3	6:05	-0.7	7:46	6:58	
26	Wed	12:49	5.7	12:38	6.2	6:22	0.8	6:47	-0.4	7:45	6:59	
27	Thu	1:26	6.0	1:33	5.9	7:13	0.4	7:28	0.1	7:44	7:00	
28	Fri	2:05	6.2	2:29	5.4	8:06	0.2	8:11	0.7	7:42	7:01	