

Alcatraz Island, CA - Apr 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:38	5.7	5:47	4.3	10:32	-0.2	10:37	2.7	6:55	7:32	
2	Wed	4:33	5.3	7:04	4.3	11:37	0.1	11:59	2.8	6:53	7:33	
3	Thu	5:37	5.0	8:12	4.4			12:46	0.3	6:52	7:33	
4	Fri	6:49	4.7	9:05	4.5	1:20	2.7	1:49	0.4	6:50	7:34	
5	Sat	7:59	4.6	9:46	4.7	2:26	2.4	2:43	0.5	6:49	7:35	
6	Sun	9:02	4.6	10:18	4.8	3:19	2.0	3:28	0.6	6:47	7:36	
7	Mon	9:57	4.6	10:46	5.0	4:04	1.5	4:06	0.7	6:46	7:37	
8	Tue	10:45	4.7	11:11	5.1	4:42	1.2	4:40	0.9	6:44	7:38	
9	Wed	11:30	4.7	11:35	5.3	5:17	0.8	5:12	1.1	6:43	7:39	
10	Thu			12:13	4.7	5:50	0.5	5:42	1.3	6:41	7:40	
11	Fri	12:01	5.5	12:55	4.6	6:21	0.2	6:12	1.6	6:40	7:41	
12	Sat	12:28	5.6	1:38	4.5	6:54	0.0	6:44	1.9	6:38	7:42	
13	Sun	12:57	5.7	2:23	4.4	7:28	-0.2	7:17	2.1	6:37	7:43	
14	Mon	1:29	5.7	3:11	4.3	8:06	-0.3	7:55	2.4	6:36	7:43	
15	Tue	2:05	5.6	4:05	4.2	8:49	-0.4	8:38	2.6	6:34	7:44	
16	Wed	2:47	5.5	5:06	4.1	9:39	-0.3	9:34	2.8	6:33	7:45	
17	Thu	3:37	5.3	6:12	4.2	10:36	-0.3	10:46	2.9	6:31	7:46	
18	Fri	4:39	5.1	7:14	4.3	11:40	-0.2			6:30	7:47	
19	Sat	5:53	4.9	8:07	4.6	12:12	2.7	12:45	-0.1	6:29	7:48	
20	Sun	7:13	4.8	8:53	5.0	1:30	2.2	1:46	0.0	6:27	7:49	
21	Mon	8:30	4.8	9:34	5.4	2:35	1.6	2:41	0.2	6:26	7:50	
22	Tue	9:40	4.9	10:13	5.8	3:31	0.8	3:31	0.4	6:25	7:51	
23	Wed	10:44	5.0	10:51	6.1	4:22	0.1	4:18	0.7	6:23	7:52	
24	Thu	11:44	5.0	11:30	6.4	5:11	-0.5	5:04	1.1	6:22	7:53	
25	Fri			12:41	5.0	5:58	-0.9	5:49	1.4	6:21	7:54	
26	Sat	12:10	6.5	1:36	5.0	6:44	-1.2	6:35	1.8	6:19	7:55	
27	Sun	12:50	6.4	2:31	4.9	7:31	-1.2	7:23	2.2	6:18	7:55	
28	Mon	1:32	6.2	3:26	4.7	8:18	-1.1	8:15	2.4	6:17	7:56	
29	Tue	2:15	5.9	4:24	4.6	9:06	-0.8	9:12	2.7	6:16	7:57	
30	Wed	3:02	5.5	5:23	4.5	9:58	-0.5	10:20	2.8	6:15	7:58	