

Alcatraz Island, CA - Apr 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:24	5.2	10:12	5.3	3:19	1.3	3:32	0.2	5:54	6:32	
2	Sat	10:16	5.3	10:45	5.6	4:00	0.8	4:11	0.3	5:52	6:33	
3	Sun	11:08	5.4	11:20	5.9	4:42	0.2	4:50	0.5	5:51	6:34	
4	Mon			12:00	5.3	5:26	-0.3	5:31	0.8	5:49	6:35	
5	Tue			12:54	5.2	6:12	-0.6	6:14	1.2	5:48	6:36	
6	Wed	12:37	6.3	1:51	5.0	7:01	-0.8	7:00	1.6	5:46	6:37	
7	Thu	1:21	6.2	2:53	4.7	7:54	-0.8	7:52	2.0	5:45	6:38	
8	Fri	2:10	6.0	4:00	4.6	8:52	-0.7	8:55	2.4	5:43	6:38	
9	Sat	3:06	5.7	5:14	4.5	9:57	-0.4	10:14	2.5	5:42	6:39	
10	Sun	4:12	5.4	6:26	4.6	11:07	-0.2	11:41	2.4	5:41	6:40	
11	Mon	5:27	5.1	7:28	4.8			12:16	0.0	5:39	6:41	
12	Tue	6:43	4.9	8:19	5.1	12:59	2.1	1:18	0.1	5:38	6:42	
13	Wed	7:54	4.9	9:02	5.3	2:03	1.6	2:11	0.2	5:36	6:43	
14	Thu	8:56	4.9	9:40	5.5	2:56	1.2	2:57	0.4	5:35	6:44	
15	Fri	9:51	4.9	10:13	5.6	3:41	0.7	3:38	0.7	5:33	6:45	
16	Sat	10:41	4.8	10:43	5.6	4:22	0.4	4:16	1.0	5:32	6:46	
17	Sun	11:27	4.8	11:11	5.6	4:59	0.2	4:51	1.3	5:31	6:47	
18	Mon			12:11	4.7	5:34	0.0	5:26	1.6	5:29	6:48	
19	Tue			12:54	4.6	6:07	-0.1	6:00	1.9	5:28	6:49	
20	Wed	12:07	5.5	1:37	4.4	6:41	-0.2	6:35	2.2	5:27	6:49	
21	Thu	12:37	5.4	2:21	4.3	7:17	-0.1	7:13	2.5	5:25	6:50	
22	Fri	1:10	5.3	3:09	4.2	7:55	-0.1	7:55	2.7	5:24	6:51	
23	Sat	1:48	5.1	4:03	4.1	8:38	0.1	8:47	2.9	5:23	6:52	
24	Sun	3:33	4.9	6:02	4.1	10:27	0.2	10:55	2.9	6:21	7:53	
25	Mon	4:27	4.6	7:00	4.2	11:23	0.3			6:20	7:54	
26	Tue	5:32	4.4	7:51	4.4	12:14	2.8	12:23	0.4	6:19	7:55	
27	Wed	6:45	4.3	8:34	4.7	1:25	2.5	1:21	0.5	6:18	7:56	
28	Thu	7:58	4.3	9:12	5.0	2:22	2.0	2:14	0.5	6:16	7:57	
29	Fri	9:06	4.5	9:48	5.4	3:10	1.3	3:02	0.6	6:15	7:58	
30	Sat	10:09	4.7	10:24	5.7	3:55	0.7	3:48	0.8	6:14	7:59	