

Alcatraz Island, CA - Jun 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			12:57	4.9	5:56	-1.5	5:41	2.1	5:48	8:25	
2	Thu			1:50	5.1	6:45	-1.7	6:35	2.2	5:48	8:26	
3	Fri	12:46	6.8	2:43	5.1	7:34	-1.7	7:31	2.3	5:48	8:27	
4	Sat	1:37	6.5	3:35	5.2	8:23	-1.5	8:33	2.4	5:48	8:27	
5	Sun	2:30	6.1	4:27	5.2	9:14	-1.2	9:40	2.4	5:47	8:28	
6	Mon	3:27	5.5	5:20	5.3	10:06	-0.7	10:55	2.2	5:47	8:29	
7	Tue	4:30	4.9	6:13	5.4	11:00	-0.1			5:47	8:29	
8	Wed	5:41	4.4	7:03	5.5	12:12	2.0	11:56 AM	0.4	5:47	8:30	
9	Thu	7:01	4.0	7:51	5.6	1:24	1.6	12:52	0.9	5:47	8:30	
10	Fri	8:23	3.9	8:34	5.7	2:27	1.1	1:47	1.4	5:46	8:31	
11	Sat	9:37	3.9	9:13	5.8	3:20	0.7	2:39	1.8	5:46	8:31	
12	Sun	10:40	4.1	9:49	5.9	4:06	0.3	3:27	2.1	5:46	8:32	
13	Mon	11:33	4.2	10:23	5.9	4:46	0.0	4:11	2.4	5:46	8:32	
14	Tue			12:19	4.4	5:22	-0.2	4:52	2.6	5:46	8:32	
15	Wed			1:00	4.5	5:56	-0.4	5:31	2.7	5:46	8:33	
16	Thu			1:38	4.5	6:28	-0.5	6:09	2.8	5:46	8:33	
17	Fri	12:05	5.9	2:14	4.6	7:00	-0.5	6:48	2.8	5:47	8:34	
18	Sat	12:40	5.8	2:49	4.7	7:32	-0.6	7:27	2.9	5:47	8:34	
19	Sun	1:17	5.7	3:24	4.7	8:06	-0.5	8:10	2.8	5:47	8:34	
20	Mon	1:56	5.4	4:01	4.8	8:41	-0.4	8:58	2.8	5:47	8:34	
21	Tue	2:39	5.2	4:39	4.9	9:19	-0.2	9:55	2.6	5:47	8:35	
22	Wed	3:29	4.8	5:20	5.1	10:01	0.1	10:59	2.4	5:47	8:35	
23	Thu	4:29	4.4	6:03	5.3	10:48	0.5			5:48	8:35	
24	Fri	5:44	4.0	6:47	5.6	12:09	2.0	11:40 AM	1.0	5:48	8:35	
25	Sat	7:11	3.9	7:34	6.0	1:16	1.4	12:37	1.4	5:48	8:35	
26	Sun	8:39	3.9	8:22	6.3	2:17	0.7	1:37	1.8	5:49	8:35	
27	Mon	9:55	4.2	9:10	6.6	3:13	0.0	2:37	2.1	5:49	8:35	
28	Tue	11:00	4.5	10:00	6.9	4:05	-0.6	3:35	2.3	5:49	8:35	
29	Wed	11:56	4.8	10:50	7.0	4:54	-1.1	4:31	2.4	5:50	8:35	
30	Thu			12:47	5.0	5:43	-1.4	5:26	2.4	5:50	8:35	