

Alcatraz Island, CA - Oct 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:22	4.7	2:38	5.5	8:31	2.4	9:15	0.6	7:05	6:53	
2	Sun	4:17	4.4	3:16	5.3	9:16	2.8	10:04	0.8	7:06	6:51	
3	Mon	5:20	4.3	4:03	5.1	10:13	3.0	11:02	0.9	7:07	6:49	
4	Tue	6:31	4.2	5:00	4.9	11:27	3.2			7:08	6:48	
5	Wed	7:38	4.3	6:06	4.8	12:07	1.0	12:46	3.1	7:09	6:46	
6	Thu	8:31	4.5	7:14	4.8	1:10	1.0	1:51	2.8	7:09	6:45	
7	Fri	9:12	4.7	8:18	4.9	2:06	0.9	2:43	2.5	7:10	6:43	
8	Sat	9:46	5.0	9:15	5.1	2:52	0.8	3:26	2.0	7:11	6:42	
9	Sun	10:17	5.3	10:08	5.2	3:33	0.7	4:05	1.5	7:12	6:41	
10	Mon	10:48	5.5	10:58	5.4	4:11	0.8	4:44	1.0	7:13	6:39	
11	Tue	11:20	5.8	11:48	5.4	4:48	0.9	5:22	0.5	7:14	6:38	
12	Wed	11:53	6.1			5:26	1.1	6:03	0.0	7:15	6:36	
13	Thu	12:39	5.4	12:29	6.3	6:05	1.3	6:47	-0.3	7:16	6:35	
14	Fri	1:32	5.3	1:08	6.4	6:47	1.7	7:34	-0.6	7:17	6:33	
15	Sat	2:27	5.2	1:50	6.4	7:32	2.0	8:24	-0.6	7:18	6:32	
16	Sun	3:26	5.0	2:38	6.3	8:22	2.4	9:19	-0.5	7:19	6:31	
17	Mon	4:30	4.9	3:33	6.0	9:22	2.7	10:21	-0.3	7:20	6:29	
18	Tue	5:40	4.8	4:38	5.7	10:37	2.8	11:29	-0.1	7:21	6:28	
19	Wed	6:49	4.9	5:51	5.4			12:04	2.7	7:22	6:27	
20	Thu	7:52	5.1	7:09	5.2	12:38	0.1	1:26	2.4	7:23	6:25	
21	Fri	8:45	5.4	8:23	5.1	1:43	0.3	2:33	1.9	7:24	6:24	
22	Sat	9:30	5.6	9:29	5.1	2:39	0.5	3:28	1.3	7:25	6:23	
23	Sun	10:10	5.8	10:28	5.1	3:28	0.7	4:17	0.9	7:26	6:21	
24	Mon	10:46	6.0	11:22	5.1	4:12	1.0	5:00	0.5	7:27	6:20	
25	Tue	11:19	6.0			4:52	1.3	5:39	0.2	7:28	6:19	
26	Wed	12:11	5.1	11:49 AM	6.0	5:30	1.6	6:16	0.0	7:29	6:18	
27	Thu	12:58	5.0	12:19	6.0	6:07	2.0	6:51	-0.1	7:30	6:16	
28	Fri	1:43	4.9	12:49	5.9	6:44	2.3	7:26	-0.1	7:31	6:15	
29	Sat	2:27	4.8	1:19	5.7	7:21	2.6	8:02	0.0	7:32	6:14	
30	Sun	2:12	4.6	12:53	5.6	7:01	2.8	7:40	0.1	6:33	5:13	
31	Mon	3:00	4.5	1:31	5.3	7:46	3.0	8:23	0.3	6:34	5:12	