

Alcatraz Island, CA - Apr 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:39	5.4	10:01	5.0	2:45	2.1	3:08	-0.3	5:54	6:32	
2	Thu	9:34	5.6	10:34	5.3	3:28	1.5	3:50	-0.3	5:52	6:33	
3	Fri	10:27	5.7	11:08	5.6	4:12	0.9	4:31	-0.2	5:51	6:34	
4	Sat	11:21	5.7	11:43	5.9	4:57	0.3	5:12	0.1	5:49	6:35	
5	Sun			12:15	5.5	5:43	-0.2	5:54	0.5	5:48	6:36	
6	Mon	12:20	6.1	1:12	5.3	6:32	-0.5	6:37	1.0	5:46	6:37	
7	Tue	12:59	6.2	2:13	5.0	7:24	-0.7	7:24	1.6	5:45	6:38	
8	Wed	1:43	6.2	3:20	4.7	8:19	-0.7	8:18	2.1	5:43	6:38	
9	Thu	2:31	6.0	4:35	4.5	9:21	-0.6	9:25	2.6	5:42	6:39	
10	Fri	3:28	5.6	5:55	4.5	10:30	-0.4	10:48	2.8	5:40	6:40	
11	Sat	4:35	5.3	7:08	4.6	11:43	-0.2			5:39	6:41	
12	Sun	5:49	5.0	8:07	4.9	12:14	2.7	12:51	-0.1	5:38	6:42	
13	Mon	7:04	4.9	8:54	5.1	1:27	2.3	1:50	0.0	5:36	6:43	
14	Tue	8:10	4.9	9:33	5.2	2:26	1.9	2:39	0.1	5:35	6:44	
15	Wed	9:08	4.9	10:07	5.3	3:14	1.4	3:21	0.3	5:33	6:45	
16	Thu	9:59	4.9	10:36	5.4	3:56	1.1	3:58	0.5	5:32	6:46	
17	Fri	10:45	4.8	11:03	5.4	4:34	0.7	4:32	0.8	5:31	6:47	
18	Sat	11:29	4.7	11:27	5.4	5:09	0.5	5:03	1.1	5:29	6:48	
19	Sun			12:11	4.6	5:42	0.2	5:34	1.5	5:28	6:49	
20	Mon			12:53	4.5	6:14	0.1	6:05	1.8	5:27	6:49	
21	Tue	12:17	5.4	1:37	4.4	6:47	0.0	6:37	2.2	5:25	6:50	
22	Wed	12:45	5.4	2:23	4.2	7:23	-0.1	7:12	2.5	5:24	6:51	
23	Thu	1:16	5.3	3:16	4.1	8:02	-0.1	7:52	2.8	5:23	6:52	
24	Fri	1:53	5.1	4:17	4.0	8:48	0.0	8:44	3.1	5:21	6:53	
25	Sat	2:37	4.9	5:24	4.1	9:40	0.1	9:56	3.2	5:20	6:54	
26	Sun	4:33	4.7	7:27	4.2	11:41	0.1			6:19	7:55	
27	Mon	5:42	4.6	8:19	4.4	12:23	3.1	12:44	0.1	6:18	7:56	
28	Tue	6:58	4.6	9:01	4.7	1:36	2.7	1:43	0.1	6:16	7:57	
29	Wed	8:11	4.6	9:38	5.1	2:34	2.2	2:36	0.0	6:15	7:58	
30	Thu	9:19	4.8	10:13	5.4	3:23	1.5	3:25	0.1	6:14	7:59	