

Alcatraz Island, CA - May 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:21	5.0	10:48	5.8	4:10	0.8	4:10	0.3	6:13	8:00	
2	Sat	11:21	5.1	11:25	6.1	4:56	0.1	4:55	0.6	6:12	8:01	
3	Sun			12:19	5.2	5:42	-0.6	5:40	1.0	6:11	8:01	
4	Mon	12:03	6.4	1:17	5.1	6:29	-1.1	6:25	1.4	6:09	8:02	
5	Tue	12:43	6.5	2:16	5.1	7:18	-1.4	7:14	1.8	6:08	8:03	
6	Wed	1:26	6.5	3:16	5.0	8:09	-1.4	8:06	2.2	6:07	8:04	
7	Thu	2:12	6.3	4:19	4.8	9:03	-1.3	9:06	2.6	6:06	8:05	
8	Fri	3:03	5.9	5:25	4.8	10:00	-1.0	10:19	2.8	6:05	8:06	
9	Sat	4:01	5.5	6:32	4.8	11:02	-0.6	11:42	2.7	6:04	8:07	
10	Sun	5:08	5.0	7:34	4.9			12:07	-0.3	6:03	8:08	
11	Mon	6:22	4.6	8:27	5.1	1:03	2.5	1:10	0.1	6:02	8:09	
12	Tue	7:40	4.3	9:11	5.3	2:12	2.0	2:07	0.3	6:01	8:10	
13	Wed	8:52	4.3	9:49	5.4	3:10	1.5	2:56	0.6	6:00	8:10	
14	Thu	9:55	4.3	10:21	5.5	3:57	1.1	3:39	0.9	6:00	8:11	
15	Fri	10:50	4.3	10:49	5.6	4:39	0.6	4:18	1.3	5:59	8:12	
16	Sat	11:40	4.3	11:16	5.6	5:16	0.3	4:53	1.6	5:58	8:13	
17	Sun			12:26	4.3	5:50	0.0	5:27	1.9	5:57	8:14	
18	Mon			1:10	4.4	6:22	-0.2	6:01	2.2	5:56	8:15	
19	Tue	12:09	5.7	1:53	4.4	6:53	-0.4	6:35	2.5	5:56	8:16	
20	Wed	12:38	5.7	2:36	4.4	7:26	-0.5	7:10	2.7	5:55	8:16	
21	Thu	1:09	5.6	3:20	4.4	8:01	-0.5	7:48	2.9	5:54	8:17	
22	Fri	1:44	5.5	4:07	4.3	8:39	-0.5	8:31	3.1	5:54	8:18	
23	Sat	2:22	5.3	4:57	4.4	9:21	-0.5	9:25	3.2	5:53	8:19	
24	Sun	3:07	5.1	5:49	4.4	10:09	-0.4	10:33	3.2	5:52	8:20	
25	Mon	4:02	4.8	6:39	4.6	11:02	-0.2	11:52	2.9	5:52	8:20	
26	Tue	5:09	4.5	7:26	4.8	11:59	0.0			5:51	8:21	
27	Wed	6:27	4.3	8:09	5.2	1:06	2.5	12:56	0.2	5:51	8:22	
28	Thu	7:49	4.3	8:49	5.5	2:08	1.8	1:51	0.5	5:50	8:23	
29	Fri	9:06	4.3	9:28	5.9	3:02	1.0	2:43	0.8	5:50	8:23	
30	Sat	10:16	4.5	10:07	6.3	3:52	0.2	3:33	1.1	5:49	8:24	
31	Sun	11:21	4.7	10:48	6.6	4:41	-0.5	4:22	1.5	5:49	8:25	