

Alcatraz Island, CA - Oct 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:31	4.8	2:15	5.5	7:58	2.0	8:37	0.8	7:05	6:52	
2	Fri	3:20	4.6	2:45	5.4	8:33	2.4	9:20	0.8	7:06	6:51	
3	Sat	4:16	4.3	3:21	5.2	9:14	2.8	10:10	0.9	7:07	6:49	
4	Sun	5:24	4.2	4:07	5.1	10:07	3.2	11:08	0.9	7:08	6:48	
5	Mon	6:44	4.1	5:03	5.0	11:24	3.4			7:09	6:46	
6	Tue	7:58	4.3	6:11	4.9	12:15	0.9	12:51	3.3	7:09	6:45	
7	Wed	8:52	4.5	7:19	5.0	1:20	0.8	1:58	3.1	7:10	6:43	
8	Thu	9:32	4.7	8:23	5.1	2:16	0.6	2:49	2.7	7:11	6:42	
9	Fri	10:05	5.0	9:20	5.4	3:04	0.4	3:32	2.3	7:12	6:41	
10	Sat	10:37	5.3	10:14	5.5	3:46	0.3	4:12	1.7	7:13	6:39	
11	Sun	11:08	5.5	11:06	5.7	4:27	0.2	4:53	1.2	7:14	6:38	
12	Mon	11:41	5.8	11:59	5.7	5:06	0.4	5:34	0.6	7:15	6:36	
13	Tue			12:14	6.1	5:45	0.6	6:18	0.1	7:16	6:35	
14	Wed	12:52	5.6	12:50	6.3	6:26	1.0	7:05	-0.3	7:17	6:33	
15	Thu	1:48	5.5	1:29	6.4	7:09	1.5	7:54	-0.5	7:18	6:32	
16	Fri	2:48	5.2	2:11	6.4	7:55	2.0	8:48	-0.6	7:19	6:31	
17	Sat	3:53	5.0	2:59	6.3	8:47	2.4	9:47	-0.5	7:20	6:29	
18	Sun	5:04	4.8	3:55	6.0	9:51	2.8	10:54	-0.3	7:21	6:28	
19	Mon	6:20	4.8	5:01	5.7	11:12	3.0			7:22	6:26	
20	Tue	7:32	5.0	6:16	5.4	12:05	-0.1	12:41	2.9	7:23	6:25	
21	Wed	8:33	5.2	7:32	5.2	1:16	0.1	1:57	2.6	7:24	6:24	
22	Thu	9:22	5.4	8:43	5.2	2:18	0.2	2:59	2.1	7:25	6:23	
23	Fri	10:04	5.6	9:45	5.2	3:10	0.3	3:50	1.6	7:26	6:21	
24	Sat	10:40	5.7	10:40	5.1	3:55	0.5	4:35	1.1	7:27	6:20	
25	Sun	10:12	5.8	10:29	5.1	3:34	0.8	4:15	0.8	6:28	5:19	
26	Mon	10:40	5.8	11:16	5.0	4:10	1.1	4:51	0.5	6:29	5:18	
27	Tue	11:07	5.8			4:44	1.5	5:25	0.3	6:30	5:16	
28	Wed	12:00	4.9	11:32 AM	5.8	5:17	1.9	5:59	0.2	6:31	5:15	
29	Thu	12:44	4.8	11:58 AM	5.7	5:50	2.3	6:32	0.1	6:32	5:14	
30	Fri	1:29	4.6	12:26	5.6	6:23	2.6	7:08	0.1	6:33	5:13	
31	Sat	2:16	4.5	12:57	5.5	7:00	2.9	7:46	0.2	6:34	5:12	