

Alcatraz Island, CA - Dec 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:36	4.6	1:46	5.2	8:07	3.4	8:46	-0.1	7:06	4:51	
2	Wed	4:25	4.6	2:37	4.9	9:11	3.4	9:35	0.1	7:07	4:50	
3	Thu	5:13	4.8	3:40	4.6	10:29	3.2	10:30	0.3	7:08	4:50	
4	Fri	6:00	5.0	4:57	4.3	11:45	2.8	11:26	0.6	7:09	4:50	
5	Sat	6:42	5.3	6:21	4.2			12:48	2.1	7:10	4:50	
6	Sun	7:22	5.6	7:41	4.3	12:22	0.9	1:42	1.4	7:11	4:50	
7	Mon	8:01	6.0	8:52	4.5	1:15	1.2	2:31	0.6	7:12	4:50	
8	Tue	8:40	6.4	9:57	4.8	2:06	1.5	3:18	-0.2	7:12	4:50	
9	Wed	9:21	6.8	10:57	5.0	2:56	1.8	4:04	-0.9	7:13	4:50	
10	Thu	10:03	7.0	11:53	5.1	3:45	2.1	4:51	-1.3	7:14	4:50	
11	Fri	10:48	7.1			4:35	2.3	5:39	-1.6	7:15	4:50	
12	Sat	12:48	5.2	11:35 AM	7.1	5:27	2.5	6:28	-1.6	7:16	4:51	
13	Sun	1:41	5.3	12:24	6.8	6:22	2.7	7:17	-1.4	7:16	4:51	
14	Mon	2:35	5.3	1:16	6.4	7:21	2.8	8:09	-1.1	7:17	4:51	
15	Tue	3:28	5.3	2:11	5.8	8:28	2.8	9:01	-0.6	7:18	4:51	
16	Wed	4:22	5.3	3:13	5.2	9:43	2.7	9:56	-0.1	7:18	4:52	
17	Thu	5:16	5.4	4:23	4.6	11:02	2.5	10:54	0.5	7:19	4:52	
18	Fri	6:08	5.5	5:44	4.2			12:17	2.0	7:20	4:52	
19	Sat	6:55	5.6	7:10	4.0			1:21	1.5	7:20	4:53	
20	Sun	7:37	5.8	8:27	4.0	12:47	1.5	2:15	1.0	7:21	4:53	
21	Mon	8:14	5.9	9:32	4.2	1:38	1.9	3:01	0.6	7:21	4:54	
22	Tue	8:48	6.0	10:27	4.4	2:25	2.2	3:41	0.2	7:22	4:54	
23	Wed	9:20	6.0	11:13	4.5	3:08	2.5	4:17	-0.1	7:22	4:55	
24	Thu	9:52	6.1	11:55	4.6	3:49	2.8	4:50	-0.3	7:23	4:55	
25	Fri	10:25	6.1			4:27	2.9	5:22	-0.4	7:23	4:56	
26	Sat	12:33	4.7	10:58 AM	6.1	5:03	3.0	5:54	-0.5	7:23	4:57	
27	Sun	1:09	4.7	11:32 AM	6.0	5:40	3.1	6:27	-0.6	7:24	4:57	
28	Mon	1:45	4.8	12:08	5.9	6:17	3.1	7:01	-0.5	7:24	4:58	
29	Tue	2:21	4.8	12:46	5.7	6:58	3.1	7:37	-0.4	7:24	4:59	
30	Wed	2:58	4.8	1:28	5.4	7:44	3.1	8:16	-0.3	7:24	4:59	
31	Thu	3:38	4.9	2:16	5.0	8:40	3.0	9:01	0.0	7:25	5:00	