

Alcatraz Island, CA - Jul 1982

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:14	4.0	9:26	6.0	3:42	0.5	2:59	2.2	5:51	8:35	
2	Fri	11:15	4.2	10:02	6.1	4:26	0.1	3:46	2.6	5:51	8:35	
3	Sat			12:06	4.4	5:05	-0.1	4:30	2.9	5:52	8:35	
4	Sun			12:50	4.5	5:41	-0.3	5:12	3.0	5:52	8:35	
5	Mon			1:30	4.6	6:15	-0.4	5:51	3.1	5:53	8:35	
6	Tue			2:06	4.6	6:48	-0.5	6:29	3.2	5:53	8:34	
7	Wed	12:20	6.0	2:40	4.7	7:20	-0.5	7:07	3.2	5:54	8:34	
8	Thu	12:56	5.9	3:13	4.7	7:53	-0.5	7:46	3.1	5:54	8:34	
9	Fri	1:34	5.7	3:47	4.8	8:28	-0.4	8:30	3.1	5:55	8:34	
10	Sat	2:14	5.4	4:22	4.9	9:04	-0.3	9:20	3.0	5:56	8:33	
11	Sun	2:58	5.1	4:59	5.0	9:42	0.0	10:19	2.7	5:56	8:33	
12	Mon	3:51	4.7	5:37	5.2	10:24	0.4	11:26	2.4	5:57	8:32	
13	Tue	4:57	4.3	6:18	5.5	11:11	0.9			5:58	8:32	
14	Wed	6:21	4.0	7:00	5.8	12:36	1.9	12:03	1.4	5:58	8:32	
15	Thu	7:55	3.9	7:46	6.1	1:41	1.2	1:00	1.9	5:59	8:31	
16	Fri	9:22	4.0	8:33	6.5	2:40	0.5	2:00	2.3	6:00	8:31	
17	Sat	10:34	4.3	9:22	6.8	3:34	-0.2	2:59	2.6	6:01	8:30	
18	Sun	11:34	4.7	10:13	7.1	4:26	-0.8	3:57	2.7	6:01	8:29	
19	Mon			12:27	4.9	5:16	-1.2	4:53	2.7	6:02	8:29	
20	Tue			1:15	5.1	6:04	-1.5	5:48	2.7	6:03	8:28	
21	Wed			2:01	5.3	6:52	-1.5	6:43	2.6	6:04	8:28	
22	Thu	12:48	7.0	2:45	5.4	7:39	-1.3	7:40	2.4	6:04	8:27	
23	Fri	1:41	6.6	3:29	5.5	8:25	-1.0	8:40	2.3	6:05	8:26	
24	Sat	2:34	6.0	4:13	5.6	9:11	-0.5	9:43	2.1	6:06	8:25	
25	Sun	3:31	5.4	4:58	5.6	9:57	0.1	10:52	2.0	6:07	8:25	
26	Mon	4:35	4.7	5:43	5.7	10:45	0.8			6:08	8:24	
27	Tue	5:51	4.2	6:29	5.7	12:03	1.7	11:37 AM	1.5	6:08	8:23	
28	Wed	7:21	3.9	7:16	5.8	1:13	1.4	12:35	2.1	6:09	8:22	
29	Thu	8:53	3.9	8:02	5.8	2:17	1.0	1:36	2.6	6:10	8:21	
30	Fri	10:07	4.2	8:46	5.9	3:11	0.7	2:35	2.9	6:11	8:20	
31	Sat	11:04	4.4	9:29	6.0	3:58	0.3	3:28	3.0	6:12	8:19	