

Alcatraz Island, CA - Aug 1982

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:48	4.6	10:10	6.1	4:40	0.1	4:15	3.1	6:13	8:18	
2	Mon			12:26	4.7	5:17	-0.1	4:57	3.1	6:13	8:17	
3	Tue			12:59	4.8	5:51	-0.2	5:35	3.0	6:14	8:16	
4	Wed			1:30	4.8	6:24	-0.3	6:11	2.9	6:15	8:15	
5	Thu	12:05	6.1	1:59	4.9	6:55	-0.3	6:46	2.8	6:16	8:14	
6	Fri	12:43	6.0	2:28	5.0	7:26	-0.3	7:24	2.6	6:17	8:13	
7	Sat	1:22	5.8	2:58	5.1	7:58	-0.1	8:05	2.5	6:18	8:12	
8	Sun	2:03	5.5	3:30	5.2	8:32	0.1	8:52	2.3	6:19	8:11	
9	Mon	2:49	5.2	4:04	5.4	9:08	0.5	9:45	2.0	6:19	8:10	
10	Tue	3:43	4.7	4:42	5.6	9:48	1.0	10:48	1.7	6:20	8:09	
11	Wed	4:53	4.3	5:24	5.8	10:34	1.6	11:57	1.3	6:21	8:08	
12	Thu	6:22	4.0	6:14	6.0	11:29	2.2			6:22	8:06	
13	Fri	8:00	4.0	7:09	6.2	1:09	0.8	12:35	2.6	6:23	8:05	
14	Sat	9:24	4.3	8:07	6.5	2:16	0.3	1:46	2.9	6:24	8:04	
15	Sun	10:28	4.6	9:05	6.7	3:16	-0.2	2:52	2.9	6:25	8:03	
16	Mon	11:20	4.9	10:02	6.9	4:10	-0.7	3:53	2.8	6:25	8:01	
17	Tue			12:05	5.2	5:00	-0.9	4:48	2.5	6:26	8:00	
18	Wed			12:48	5.4	5:47	-1.0	5:41	2.3	6:27	7:59	
19	Thu			1:28	5.5	6:32	-0.9	6:33	2.0	6:28	7:57	
20	Fri	12:41	6.7	2:07	5.6	7:14	-0.7	7:25	1.8	6:29	7:56	
21	Sat	1:32	6.3	2:45	5.7	7:56	-0.2	8:18	1.6	6:30	7:55	
22	Sun	2:24	5.7	3:23	5.7	8:37	0.3	9:12	1.5	6:31	7:53	
23	Mon	3:19	5.2	4:02	5.7	9:19	1.0	10:11	1.4	6:31	7:52	
24	Tue	4:21	4.6	4:43	5.6	10:04	1.7	11:15	1.4	6:32	7:51	
25	Wed	5:36	4.2	5:27	5.5	10:56	2.3			6:33	7:49	
26	Thu	7:08	4.0	6:17	5.5	12:23	1.2	12:01	2.8	6:34	7:48	
27	Fri	8:41	4.1	7:12	5.5	1:30	1.0	1:14	3.1	6:35	7:46	
28	Sat	9:49	4.4	8:07	5.5	2:31	0.8	2:21	3.2	6:36	7:45	
29	Sun	10:37	4.6	8:59	5.7	3:22	0.6	3:16	3.1	6:37	7:44	
30	Mon	11:15	4.7	9:46	5.8	4:06	0.3	4:01	3.0	6:37	7:42	
31	Tue	11:46	4.8	10:29	5.9	4:44	0.2	4:40	2.8	6:38	7:41	