

Alcatraz Island, CA - Oct 1982

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:50	5.3	11:37	5.6	5:10	0.4	5:29	1.5	7:05	6:53	
2	Sat			12:17	5.5	5:42	0.5	6:04	1.1	7:06	6:51	
3	Sun	12:22	5.5	12:46	5.7	6:15	0.7	6:42	0.7	7:07	6:50	
4	Mon	1:10	5.4	1:16	5.9	6:50	1.1	7:23	0.3	7:07	6:48	
5	Tue	2:01	5.2	1:49	6.0	7:26	1.5	8:09	0.1	7:08	6:47	
6	Wed	2:57	4.9	2:27	6.1	8:07	2.0	9:00	0.0	7:09	6:45	
7	Thu	4:02	4.7	3:11	6.0	8:54	2.5	9:58	-0.1	7:10	6:44	
8	Fri	5:17	4.5	4:04	5.9	9:52	3.0	11:06	0.0	7:11	6:42	
9	Sat	6:39	4.5	5:10	5.7	11:10	3.2			7:12	6:41	
10	Sun	7:55	4.7	6:25	5.6	12:20	0.0	12:41	3.2	7:13	6:39	
11	Mon	8:55	5.0	7:42	5.6	1:32	0.0	2:00	2.8	7:14	6:38	
12	Tue	9:42	5.3	8:52	5.6	2:34	-0.1	3:03	2.3	7:15	6:37	
13	Wed	10:23	5.5	9:54	5.7	3:27	-0.1	3:56	1.7	7:16	6:35	
14	Thu	11:00	5.8	10:51	5.6	4:13	0.1	4:44	1.2	7:17	6:34	
15	Fri	11:34	5.9	11:44	5.5	4:55	0.3	5:28	0.7	7:18	6:32	
16	Sat			12:06	6.0	5:33	0.7	6:10	0.4	7:19	6:31	
17	Sun	12:35	5.4	12:37	6.0	6:11	1.2	6:51	0.2	7:20	6:30	
18	Mon	1:25	5.2	1:07	5.9	6:48	1.7	7:30	0.1	7:21	6:28	
19	Tue	2:16	4.9	1:37	5.8	7:25	2.1	8:11	0.1	7:21	6:27	
20	Wed	3:08	4.7	2:08	5.7	8:05	2.6	8:53	0.1	7:22	6:25	
21	Thu	4:05	4.5	2:43	5.4	8:49	3.0	9:39	0.3	7:23	6:24	
22	Fri	5:10	4.4	3:24	5.2	9:44	3.3	10:32	0.5	7:24	6:23	
23	Sat	6:22	4.4	4:17	4.9	11:02	3.5	11:34	0.6	7:25	6:22	
24	Sun	7:31	4.4	5:23	4.7			12:30	3.5	7:26	6:20	
25	Mon	8:24	4.6	6:36	4.6	12:38	0.7	1:40	3.2	7:27	6:19	
26	Tue	9:03	4.8	7:46	4.6	1:37	0.7	2:34	2.8	7:28	6:18	
27	Wed	9:34	5.0	8:48	4.7	2:28	0.7	3:17	2.3	7:29	6:17	
28	Thu	10:02	5.2	9:43	4.9	3:10	0.6	3:55	1.8	7:31	6:15	
29	Fri	10:30	5.5	10:36	5.0	3:49	0.7	4:30	1.2	7:32	6:14	
30	Sat	10:58	5.7	11:27	5.1	4:25	0.9	5:06	0.7	7:33	6:13	
31	Sun	10:28	6.0	11:18	5.1	4:01	1.1	4:43	0.1	6:34	5:12	