

Alcatraz Island, CA - Nov 1982

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:59	6.2			4:38	1.5	5:24	-0.4	6:35	5:11	
2	Tue	12:11	5.1	11:33 AM	6.4	5:17	1.9	6:07	-0.7	6:36	5:10	
3	Wed	1:06	5.1	12:11	6.5	5:59	2.3	6:54	-0.9	6:37	5:09	
4	Thu	2:04	5.0	12:54	6.4	6:46	2.6	7:45	-0.9	6:38	5:08	
5	Fri	3:07	4.9	1:43	6.2	7:40	3.0	8:42	-0.8	6:39	5:07	
6	Sat	4:15	4.8	2:42	5.9	8:48	3.2	9:46	-0.5	6:40	5:06	
7	Sun	5:24	4.9	3:51	5.5	10:13	3.2	10:55	-0.3	6:41	5:05	
8	Mon	6:28	5.1	5:10	5.2	11:43	2.9			6:42	5:04	
9	Tue	7:21	5.3	6:31	5.0	12:02	0.0	12:58	2.4	6:43	5:03	
10	Wed	8:07	5.6	7:46	4.9	1:03	0.2	1:59	1.7	6:44	5:02	
11	Thu	8:47	5.9	8:53	4.9	1:55	0.5	2:51	1.1	6:45	5:01	
12	Fri	9:23	6.1	9:53	4.9	2:41	0.8	3:37	0.5	6:46	5:00	
13	Sat	9:56	6.2	10:48	4.9	3:23	1.2	4:19	0.1	6:47	5:00	
14	Sun	10:27	6.2	11:39	4.9	4:03	1.6	4:58	-0.2	6:48	4:59	
15	Mon	10:56	6.2			4:41	2.1	5:34	-0.4	6:50	4:58	
16	Tue	12:29	4.8	11:25 AM	6.1	5:19	2.5	6:10	-0.4	6:51	4:57	
17	Wed	1:17	4.8	11:55 AM	5.9	5:57	2.8	6:46	-0.4	6:52	4:57	
18	Thu	2:04	4.7	12:26	5.7	6:37	3.1	7:24	-0.3	6:53	4:56	
19	Fri	2:53	4.6	1:01	5.5	7:20	3.3	8:05	-0.1	6:54	4:55	
20	Sat	3:45	4.5	1:42	5.2	8:12	3.5	8:50	0.1	6:55	4:55	
21	Sun	4:39	4.5	2:31	4.9	9:20	3.5	9:41	0.3	6:56	4:54	
22	Mon	5:32	4.6	3:31	4.6	10:41	3.4	10:36	0.5	6:57	4:54	
23	Tue	6:19	4.7	4:42	4.3	11:57	3.1	11:32	0.7	6:58	4:53	
24	Wed	6:59	4.9	5:59	4.2			12:56	2.6	6:59	4:53	
25	Thu	7:33	5.2	7:13	4.2	12:25	0.8	1:44	2.1	7:00	4:52	
26	Fri	8:05	5.5	8:21	4.3	1:13	1.0	2:25	1.4	7:01	4:52	
27	Sat	8:37	5.8	9:23	4.5	1:58	1.2	3:04	0.7	7:02	4:52	
28	Sun	9:10	6.2	10:21	4.7	2:40	1.5	3:44	0.0	7:03	4:51	
29	Mon	9:44	6.5	11:17	4.9	3:23	1.8	4:25	-0.6	7:04	4:51	
30	Tue	10:22	6.7			4:06	2.2	5:08	-1.1	7:05	4:51	