

Alcatraz Island, CA - Dec 1982

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:12	5.0	11:02 AM	6.9	4:51	2.5	5:53	-1.4	7:06	4:51	
2	Thu	1:06	5.1	11:47 AM	6.9	5:39	2.7	6:42	-1.5	7:07	4:50	
3	Fri	2:01	5.1	12:35	6.7	6:32	2.9	7:33	-1.4	7:08	4:50	
4	Sat	2:57	5.1	1:28	6.4	7:32	3.0	8:27	-1.1	7:09	4:50	
5	Sun	3:55	5.1	2:28	5.9	8:42	3.0	9:25	-0.7	7:10	4:50	
6	Mon	4:52	5.2	3:36	5.3	10:04	2.9	10:25	-0.2	7:10	4:50	
7	Tue	5:48	5.4	4:54	4.8	11:29	2.5	11:26	0.3	7:11	4:50	
8	Wed	6:39	5.6	6:19	4.4			12:44	1.9	7:12	4:50	
9	Thu	7:26	5.9	7:41	4.3	12:25	0.7	1:47	1.3	7:13	4:50	
10	Fri	8:07	6.1	8:55	4.4	1:19	1.2	2:41	0.7	7:14	4:50	
11	Sat	8:45	6.2	9:58	4.5	2:09	1.6	3:27	0.2	7:15	4:50	
12	Sun	9:19	6.3	10:54	4.6	2:55	2.1	4:07	-0.2	7:15	4:51	
13	Mon	9:52	6.3	11:43	4.7	3:38	2.4	4:44	-0.4	7:16	4:51	
14	Tue	10:24	6.2			4:19	2.7	5:19	-0.5	7:17	4:51	
15	Wed	12:29	4.8	10:55 AM	6.1	4:59	3.0	5:53	-0.6	7:17	4:51	
16	Thu	1:11	4.8	11:27 AM	6.0	5:38	3.1	6:27	-0.6	7:18	4:52	
17	Fri	1:50	4.7	12:01	5.9	6:17	3.3	7:01	-0.5	7:19	4:52	
18	Sat	2:29	4.7	12:37	5.6	6:57	3.3	7:37	-0.3	7:19	4:52	
19	Sun	3:07	4.7	1:16	5.4	7:42	3.3	8:16	-0.2	7:20	4:53	
20	Mon	3:47	4.7	2:00	5.0	8:36	3.3	8:57	0.1	7:21	4:53	
21	Tue	4:28	4.8	2:51	4.6	9:41	3.2	9:42	0.4	7:21	4:54	
22	Wed	5:10	4.9	3:55	4.2	10:53	2.9	10:31	0.7	7:22	4:54	
23	Thu	5:50	5.1	5:15	4.0			12:02	2.4	7:22	4:55	
24	Fri	6:30	5.4	6:43	3.9			1:01	1.8	7:22	4:55	
25	Sat	7:09	5.7	8:06	4.0	12:17	1.5	1:51	1.1	7:23	4:56	
26	Sun	7:48	6.1	9:17	4.2	1:10	1.9	2:37	0.3	7:23	4:56	
27	Mon	8:28	6.5	10:19	4.6	2:02	2.2	3:23	-0.4	7:24	4:57	
28	Tue	9:11	6.8	11:14	4.8	2:53	2.5	4:08	-1.0	7:24	4:58	
29	Wed	9:56	7.0			3:43	2.6	4:54	-1.4	7:24	4:58	
30	Thu	12:06	5.0	10:43 AM	7.2	4:35	2.7	5:41	-1.7	7:24	4:59	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Fri	12:55	5.2	11:33 AM	7.1	5:27	2.8	6:31	-1.7	7:25	5:00	