

Alcatraz Island, CA - Jun 1984

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:38	6.2	3:14	4.5	7:42	-1.2	7:21	3.2	5:48	8:26	
2	Sat	1:20	6.1	4:04	4.6	8:27	-1.2	8:13	3.3	5:48	8:26	
3	Sun	2:07	6.0	4:56	4.6	9:16	-1.2	9:15	3.3	5:48	8:27	
4	Mon	3:00	5.7	5:48	4.7	10:08	-1.0	10:31	3.1	5:47	8:28	
5	Tue	4:03	5.3	6:37	5.0	11:04	-0.6	11:54	2.7	5:47	8:28	
6	Wed	5:16	4.8	7:23	5.3			12:01	-0.2	5:47	8:29	
7	Thu	6:39	4.4	8:06	5.6	1:12	2.1	12:57	0.2	5:47	8:29	
8	Fri	8:06	4.2	8:46	6.0	2:19	1.3	1:51	0.8	5:47	8:30	
9	Sat	9:27	4.2	9:25	6.3	3:16	0.5	2:42	1.3	5:47	8:30	
10	Sun	10:41	4.3	10:04	6.6	4:08	-0.2	3:32	1.8	5:46	8:31	
11	Mon	11:46	4.5	10:43	6.7	4:55	-0.7	4:21	2.3	5:46	8:31	
12	Tue			12:44	4.6	5:40	-1.1	5:10	2.6	5:46	8:32	
13	Wed			1:38	4.7	6:24	-1.3	5:59	2.9	5:46	8:32	
14	Thu	12:02	6.5	2:29	4.8	7:07	-1.3	6:48	3.1	5:46	8:33	
15	Fri	12:43	6.3	3:17	4.8	7:49	-1.2	7:39	3.2	5:46	8:33	
16	Sat	1:24	6.0	4:03	4.8	8:31	-0.9	8:32	3.3	5:47	8:33	
17	Sun	2:07	5.6	4:48	4.7	9:14	-0.6	9:30	3.3	5:47	8:34	
18	Mon	2:52	5.2	5:31	4.7	9:57	-0.3	10:36	3.1	5:47	8:34	
19	Tue	3:41	4.8	6:12	4.8	10:42	0.1	11:46	2.9	5:47	8:34	
20	Wed	4:39	4.3	6:50	4.9	11:28	0.5			5:47	8:34	
21	Thu	5:49	3.9	7:25	5.1	12:55	2.5	12:14	1.0	5:47	8:35	
22	Fri	7:12	3.6	7:58	5.3	1:55	2.0	1:02	1.4	5:48	8:35	
23	Sat	8:37	3.5	8:31	5.6	2:46	1.5	1:49	1.9	5:48	8:35	
24	Sun	9:54	3.7	9:04	5.8	3:30	0.9	2:35	2.3	5:48	8:35	
25	Mon	10:58	3.9	9:39	6.1	4:09	0.3	3:20	2.6	5:48	8:35	
26	Tue	11:53	4.2	10:16	6.3	4:47	-0.2	4:04	2.9	5:49	8:35	
27	Wed			12:41	4.4	5:25	-0.6	4:48	3.1	5:49	8:35	
28	Thu			1:27	4.6	6:04	-1.0	5:33	3.2	5:50	8:35	
29	Fri			2:11	4.7	6:45	-1.3	6:20	3.2	5:50	8:35	
30	Sat	12:23	6.6	2:54	4.8	7:28	-1.4	7:10	3.2	5:50	8:35	