

Alcatraz Island, CA - Sep 1984

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:21	4.5	4:59	6.2	10:26	2.3	11:58	0.5	6:40	7:38	
2	Sun	6:56	4.3	5:56	6.1	11:34	2.9			6:40	7:37	
3	Mon	8:30	4.4	6:59	6.0	1:13	0.3	12:56	3.2	6:41	7:35	
4	Tue	9:41	4.7	8:04	5.9	2:22	0.2	2:14	3.2	6:42	7:34	
5	Wed	10:33	4.9	9:04	5.9	3:21	0.0	3:17	3.1	6:43	7:32	
6	Thu	11:15	5.1	9:57	6.0	4:10	-0.1	4:09	2.8	6:44	7:31	
7	Fri	11:51	5.1	10:43	5.9	4:51	-0.1	4:52	2.6	6:45	7:29	
8	Sat			12:21	5.1	5:27	0.0	5:30	2.3	6:45	7:28	
9	Sun			12:48	5.1	5:59	0.1	6:06	2.1	6:46	7:26	
10	Mon	12:05	5.7	1:11	5.2	6:29	0.3	6:40	1.8	6:47	7:25	
11	Tue	12:43	5.5	1:34	5.2	6:57	0.6	7:13	1.6	6:48	7:23	
12	Wed	1:22	5.2	1:56	5.3	7:24	1.0	7:48	1.5	6:49	7:22	
13	Thu	2:02	4.9	2:20	5.4	7:51	1.4	8:25	1.3	6:50	7:20	
14	Fri	2:47	4.6	2:47	5.4	8:20	1.9	9:07	1.2	6:51	7:18	
15	Sat	3:40	4.3	3:18	5.5	8:52	2.4	9:55	1.1	6:51	7:17	
16	Sun	4:48	4.0	3:57	5.4	9:31	2.9	10:54	1.0	6:52	7:15	
17	Mon	6:19	3.9	4:47	5.4	10:24	3.3			6:53	7:14	
18	Tue	7:57	4.0	5:50	5.4	12:04	0.8	11:46 AM	3.6	6:54	7:12	
19	Wed	9:08	4.3	7:00	5.6	1:16	0.6	1:15	3.5	6:55	7:11	
20	Thu	9:54	4.6	8:09	5.8	2:21	0.2	2:24	3.3	6:56	7:09	
21	Fri	10:31	4.9	9:12	6.1	3:15	-0.2	3:19	2.8	6:57	7:08	
22	Sat	11:05	5.1	10:10	6.3	4:03	-0.4	4:09	2.2	6:57	7:06	
23	Sun	11:38	5.4	11:06	6.4	4:47	-0.5	4:57	1.6	6:58	7:04	
24	Mon			12:12	5.7	5:29	-0.4	5:45	1.0	6:59	7:03	
25	Tue	12:02	6.3	12:46	6.0	6:09	0.0	6:34	0.4	7:00	7:01	
26	Wed	12:58	6.0	1:21	6.3	6:50	0.5	7:25	0.0	7:01	7:00	
27	Thu	1:57	5.6	1:58	6.4	7:31	1.1	8:18	-0.2	7:02	6:58	
28	Fri	2:59	5.2	2:38	6.4	8:15	1.8	9:14	-0.2	7:03	6:57	
29	Sat	4:08	4.8	3:23	6.2	9:05	2.5	10:16	-0.1	7:03	6:55	
30	Sun	5:27	4.6	4:15	5.9	10:07	3.0	11:25	0.1	7:04	6:54	