

Alcatraz Island, CA - Oct 1984

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:55	4.6	5:17	5.6	11:29	3.4			7:05	6:52	
2	Tue	8:15	4.7	6:29	5.4	12:39	0.2	1:00	3.4	7:06	6:51	
3	Wed	9:15	4.9	7:42	5.3	1:48	0.2	2:14	3.1	7:07	6:49	
4	Thu	10:00	5.1	8:46	5.3	2:47	0.2	3:12	2.7	7:08	6:48	
5	Fri	10:36	5.2	9:42	5.3	3:35	0.3	3:58	2.3	7:09	6:46	
6	Sat	11:07	5.2	10:30	5.3	4:15	0.4	4:38	1.9	7:10	6:45	
7	Sun	11:32	5.3	11:14	5.2	4:50	0.5	5:14	1.6	7:11	6:43	
8	Mon	11:55	5.4	11:56	5.1	5:20	0.7	5:47	1.3	7:12	6:42	
9	Tue			12:16	5.4	5:48	1.0	6:19	1.0	7:12	6:40	
10	Wed	12:37	5.0	12:37	5.5	6:16	1.4	6:50	0.7	7:13	6:39	
11	Thu	1:19	4.8	1:00	5.6	6:43	1.8	7:22	0.5	7:14	6:37	
12	Fri	2:03	4.7	1:25	5.7	7:12	2.2	7:57	0.4	7:15	6:36	
13	Sat	2:52	4.5	1:54	5.7	7:43	2.6	8:37	0.3	7:16	6:34	
14	Sun	3:48	4.3	2:27	5.6	8:18	3.0	9:23	0.3	7:17	6:33	
15	Mon	4:56	4.2	3:09	5.5	9:02	3.4	10:19	0.3	7:18	6:32	
16	Tue	6:16	4.2	4:04	5.3	10:06	3.6	11:25	0.3	7:19	6:30	
17	Wed	7:32	4.3	5:14	5.2	11:39	3.7			7:20	6:29	
18	Thu	8:29	4.6	6:33	5.2	12:36	0.2	1:09	3.4	7:21	6:27	
19	Fri	9:10	4.9	7:50	5.3	1:42	0.0	2:15	2.9	7:22	6:26	
20	Sat	9:46	5.2	9:00	5.5	2:38	-0.1	3:10	2.2	7:23	6:25	
21	Sun	10:20	5.5	10:04	5.6	3:26	0.0	3:59	1.4	7:24	6:23	
22	Mon	10:53	5.9	11:04	5.6	4:11	0.2	4:47	0.6	7:25	6:22	
23	Tue	11:26	6.2			4:53	0.5	5:34	-0.1	7:26	6:21	
24	Wed	12:03	5.6	12:01	6.5	5:35	1.0	6:22	-0.6	7:27	6:20	
25	Thu	1:02	5.4	12:37	6.7	6:17	1.5	7:10	-0.9	7:28	6:18	
26	Fri	2:02	5.2	1:16	6.7	7:02	2.1	8:00	-1.0	7:29	6:17	
27	Sat	3:04	5.0	1:57	6.5	7:49	2.7	8:52	-0.9	7:30	6:16	
28	Sun	3:10	4.9	1:43	6.1	7:44	3.1	8:48	-0.6	6:31	5:15	
29	Mon	4:22	4.8	2:36	5.7	8:53	3.4	9:50	-0.2	6:32	5:14	
30	Tue	5:35	4.8	3:39	5.2	10:20	3.5	10:57	0.1	6:33	5:13	
31	Wed	6:42	4.9	4:52	4.9	11:48	3.3			6:34	5:11	