

Alcatraz Island, CA - Dec 1984

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:16	5.2	6:43	4.0	12:00	0.8	1:23	2.2	7:06	4:50	
2	Sun	7:48	5.3	7:57	4.0	12:50	1.1	2:12	1.6	7:07	4:50	
3	Mon	8:17	5.5	9:02	4.0	1:34	1.5	2:54	1.1	7:08	4:50	
4	Tue	8:43	5.7	9:59	4.2	2:14	1.9	3:30	0.6	7:09	4:50	
5	Wed	9:10	5.9	10:50	4.3	2:52	2.2	4:04	0.2	7:10	4:50	
6	Thu	9:39	6.1	11:38	4.5	3:29	2.6	4:37	-0.2	7:11	4:50	
7	Fri	10:10	6.2			4:05	2.9	5:10	-0.5	7:12	4:50	
8	Sat	12:23	4.6	10:43 AM	6.3	4:42	3.1	5:44	-0.7	7:13	4:50	
9	Sun	1:08	4.7	11:19 AM	6.3	5:20	3.3	6:22	-0.9	7:13	4:50	
10	Mon	1:53	4.7	11:58 AM	6.2	6:01	3.4	7:03	-0.9	7:14	4:50	
11	Tue	2:39	4.7	12:42	6.1	6:48	3.4	7:48	-0.9	7:15	4:50	
12	Wed	3:26	4.7	1:31	5.8	7:44	3.4	8:36	-0.7	7:16	4:51	
13	Thu	4:15	4.8	2:27	5.4	8:51	3.3	9:28	-0.4	7:16	4:51	
14	Fri	5:02	5.0	3:36	4.9	10:12	3.0	10:22	0.0	7:17	4:51	
15	Sat	5:48	5.3	4:59	4.5	11:33	2.4	11:19	0.5	7:18	4:51	
16	Sun	6:31	5.6	6:29	4.2			12:45	1.7	7:18	4:52	
17	Mon	7:13	6.0	7:57	4.2	12:15	1.0	1:46	0.8	7:19	4:52	
18	Tue	7:54	6.4	9:15	4.4	1:10	1.6	2:40	0.0	7:20	4:53	
19	Wed	8:35	6.7	10:22	4.6	2:04	2.0	3:30	-0.6	7:20	4:53	
20	Thu	9:17	6.9	11:21	4.8	2:56	2.5	4:16	-1.1	7:21	4:53	
21	Fri	9:59	7.0			3:47	2.8	5:01	-1.3	7:21	4:54	
22	Sat	12:14	5.0	10:42 AM	6.9	4:37	3.0	5:45	-1.4	7:22	4:54	
23	Sun	1:03	5.1	11:26 AM	6.7	5:28	3.1	6:28	-1.3	7:22	4:55	
24	Mon	1:50	5.1	12:09	6.4	6:19	3.2	7:11	-1.0	7:23	4:56	
25	Tue	2:36	5.0	12:53	6.0	7:11	3.2	7:54	-0.7	7:23	4:56	
26	Wed	3:20	5.0	1:38	5.5	8:07	3.2	8:37	-0.3	7:23	4:57	
27	Thu	4:03	4.9	2:27	5.0	9:10	3.1	9:20	0.2	7:24	4:57	
28	Fri	4:44	4.9	3:23	4.4	10:19	2.9	10:05	0.7	7:24	4:58	
29	Sat	5:24	5.0	4:33	3.9	11:31	2.5	10:53	1.2	7:24	4:59	
30	Sun	6:02	5.2	6:00	3.6			12:37	2.1	7:24	5:00	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	6:38	5.3	7:41	3.5			1:33	1.5	7:25	5:00	