

Alcatraz Island, CA - Mar 1985

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:05	5.3	9:28	4.2	12:11	3.5	1:42	0.3	6:40	6:03	
2	Sat	7:09	5.5	10:02	4.4	1:27	3.4	2:34	-0.1	6:39	6:04	
3	Sun	8:09	5.8	10:33	4.6	2:23	3.1	3:19	-0.5	6:37	6:05	
4	Mon	9:04	6.1	11:04	4.9	3:10	2.8	4:01	-0.8	6:36	6:06	
5	Tue	9:55	6.3	11:34	5.1	3:55	2.3	4:40	-1.0	6:34	6:07	
6	Wed	10:46	6.3			4:40	1.8	5:18	-0.9	6:33	6:08	
7	Thu	12:05	5.4	11:38 AM	6.2	5:26	1.2	5:55	-0.5	6:32	6:09	
8	Fri	12:37	5.6	12:31	5.8	6:15	0.7	6:33	0.0	6:30	6:10	
9	Sat	1:10	5.9	1:28	5.3	7:06	0.3	7:13	0.7	6:29	6:11	
10	Sun	1:46	6.1	2:32	4.8	8:02	0.1	7:54	1.4	6:27	6:12	
11	Mon	2:26	6.1	3:47	4.3	9:02	-0.1	8:42	2.2	6:26	6:13	
12	Tue	3:12	6.0	5:18	4.0	10:11	-0.1	9:44	2.8	6:24	6:14	
13	Wed	4:07	5.9	6:59	4.1	11:27	-0.1	11:10	3.2	6:23	6:15	
14	Thu	5:14	5.6	8:18	4.4			12:44	-0.1	6:21	6:15	
15	Fri	6:28	5.5	9:13	4.7	12:44	3.2	1:51	-0.2	6:20	6:16	
16	Sat	7:38	5.5	9:55	4.9	1:58	2.9	2:47	-0.3	6:18	6:17	
17	Sun	8:38	5.5	10:31	5.0	2:55	2.6	3:32	-0.3	6:17	6:18	
18	Mon	9:30	5.5	11:02	5.1	3:42	2.2	4:10	-0.2	6:15	6:19	
19	Tue	10:16	5.4	11:29	5.1	4:22	1.8	4:43	-0.1	6:14	6:20	
20	Wed	10:59	5.3	11:52	5.1	4:59	1.5	5:13	0.2	6:12	6:21	
21	Thu	11:39	5.1			5:34	1.2	5:41	0.5	6:11	6:22	
22	Fri	12:13	5.2	12:19	4.8	6:07	1.0	6:08	0.9	6:09	6:23	
23	Sat	12:34	5.3	1:01	4.6	6:40	0.8	6:35	1.4	6:07	6:24	
24	Sun	12:56	5.3	1:46	4.3	7:15	0.6	7:03	1.9	6:06	6:25	
25	Mon	1:20	5.3	2:37	4.0	7:52	0.5	7:32	2.4	6:04	6:26	
26	Tue	1:49	5.3	3:40	3.8	8:36	0.5	8:06	2.8	6:03	6:27	
27	Wed	2:24	5.2	5:05	3.7	9:28	0.5	8:52	3.2	6:01	6:28	
28	Thu	3:09	5.1	6:47	3.8	10:32	0.5	10:11	3.5	6:00	6:28	
29	Fri	4:10	5.0	7:59	4.0	11:45	0.3	11:54	3.5	5:58	6:29	
30	Sat	5:23	5.0	8:41	4.2			12:53	0.1	5:57	6:30	
31	Sun	6:38	5.1	9:14	4.5	1:10	3.2	1:50	-0.2	5:55	6:31	