

Alcatraz Island, CA - May 1985

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:34	4.9	10:23	5.6	3:37	1.3	3:38	0.1	6:13	8:00	
2	Thu	10:40	4.9	10:56	6.0	4:25	0.4	4:21	0.5	6:12	8:01	
3	Fri	11:42	5.0	11:30	6.3	5:12	-0.4	5:04	1.0	6:10	8:01	
4	Sat			12:43	5.0	5:59	-1.0	5:47	1.5	6:09	8:02	
5	Sun	12:07	6.6	1:44	4.9	6:47	-1.5	6:33	2.1	6:08	8:03	
6	Mon	12:46	6.6	2:45	4.8	7:37	-1.6	7:21	2.5	6:07	8:04	
7	Tue	1:29	6.5	3:48	4.7	8:28	-1.6	8:15	2.9	6:06	8:05	
8	Wed	2:16	6.2	4:55	4.6	9:23	-1.3	9:20	3.1	6:05	8:06	
9	Thu	3:08	5.8	6:03	4.6	10:22	-0.9	10:41	3.2	6:04	8:07	
10	Fri	4:09	5.3	7:07	4.7	11:25	-0.5			6:03	8:08	
11	Sat	5:18	4.8	8:02	4.8	12:10	3.0	12:28	-0.2	6:02	8:09	
12	Sun	6:35	4.4	8:47	5.0	1:28	2.7	1:27	0.1	6:01	8:10	
13	Mon	7:53	4.2	9:23	5.1	2:32	2.1	2:18	0.4	6:00	8:10	
14	Tue	9:03	4.1	9:53	5.3	3:24	1.6	3:02	0.8	6:00	8:11	
15	Wed	10:05	4.1	10:18	5.4	4:08	1.1	3:41	1.1	5:59	8:12	
16	Thu	11:01	4.1	10:42	5.5	4:46	0.6	4:16	1.5	5:58	8:13	
17	Fri	11:52	4.2	11:06	5.6	5:21	0.2	4:49	1.9	5:57	8:14	
18	Sat			12:40	4.2	5:53	-0.1	5:22	2.3	5:56	8:15	
19	Sun			1:27	4.3	6:24	-0.4	5:55	2.7	5:56	8:16	
20	Mon			2:12	4.3	6:56	-0.6	6:29	2.9	5:55	8:16	
21	Tue	12:28	5.8	2:58	4.3	7:30	-0.7	7:05	3.2	5:54	8:17	
22	Wed	1:01	5.8	3:46	4.3	8:07	-0.8	7:45	3.3	5:54	8:18	
23	Thu	1:38	5.6	4:37	4.3	8:49	-0.8	8:33	3.4	5:53	8:19	
24	Fri	2:21	5.5	5:29	4.3	9:36	-0.7	9:34	3.4	5:52	8:20	
25	Sat	3:11	5.2	6:20	4.4	10:28	-0.6	10:51	3.3	5:52	8:20	
26	Sun	4:12	4.9	7:06	4.6	11:23	-0.4			5:51	8:21	
27	Mon	5:25	4.6	7:46	4.9	12:14	2.9	12:19	-0.1	5:51	8:22	
28	Tue	6:48	4.3	8:24	5.3	1:26	2.3	1:14	0.2	5:50	8:23	
29	Wed	8:12	4.2	8:59	5.8	2:27	1.5	2:05	0.6	5:50	8:23	
30	Thu	9:32	4.3	9:36	6.2	3:21	0.6	2:55	1.1	5:49	8:24	
31	Fri	10:44	4.4	10:13	6.5	4:11	-0.3	3:43	1.6	5:49	8:25	