

Alcatraz Island, CA - Jul 1985

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:55	4.8	5:38	-1.4	5:07	3.1	5:51	8:35	
2	Tue			1:45	4.9	6:25	-1.5	6:01	3.1	5:51	8:35	
3	Wed	12:04	6.8	2:32	5.0	7:11	-1.5	6:56	3.1	5:52	8:35	
4	Thu	12:52	6.6	3:16	5.0	7:56	-1.3	7:51	3.1	5:52	8:35	
5	Fri	1:40	6.2	3:58	5.0	8:40	-0.9	8:48	3.0	5:53	8:35	
6	Sat	2:27	5.7	4:40	5.0	9:22	-0.5	9:50	2.8	5:53	8:34	
7	Sun	3:17	5.1	5:19	5.1	10:04	0.0	10:56	2.6	5:54	8:34	
8	Mon	4:13	4.5	5:57	5.2	10:46	0.6			5:55	8:34	
9	Tue	5:19	4.0	6:34	5.3	12:05	2.3	11:30 AM	1.2	5:55	8:34	
10	Wed	6:44	3.6	7:10	5.4	1:12	1.9	12:18	1.8	5:56	8:33	
11	Thu	8:21	3.5	7:47	5.6	2:12	1.4	1:09	2.3	5:57	8:33	
12	Fri	9:49	3.7	8:25	5.8	3:03	0.9	2:03	2.8	5:57	8:32	
13	Sat	10:55	4.0	9:04	6.0	3:48	0.5	2:55	3.1	5:58	8:32	
14	Sun	11:46	4.2	9:44	6.1	4:28	0.1	3:44	3.3	5:59	8:31	
15	Mon			12:28	4.4	5:06	-0.2	4:29	3.4	5:59	8:31	
16	Tue			1:06	4.6	5:43	-0.5	5:11	3.4	6:00	8:30	
17	Wed			1:41	4.7	6:19	-0.8	5:52	3.3	6:01	8:30	
18	Thu			2:15	4.8	6:56	-0.9	6:35	3.2	6:01	8:29	
19	Fri	12:32	6.4	2:50	4.9	7:33	-1.0	7:20	3.0	6:02	8:29	
20	Sat	1:17	6.3	3:24	5.0	8:10	-0.9	8:11	2.8	6:03	8:28	
21	Sun	2:04	5.9	4:00	5.2	8:49	-0.6	9:08	2.5	6:04	8:27	
22	Mon	2:57	5.5	4:37	5.5	9:30	-0.1	10:12	2.1	6:05	8:27	
23	Tue	3:58	4.9	5:16	5.7	10:13	0.5	11:23	1.7	6:05	8:26	
24	Wed	5:14	4.3	5:59	6.0	11:00	1.2			6:06	8:25	
25	Thu	6:48	3.9	6:46	6.3	12:37	1.1	11:54 AM	1.9	6:07	8:24	
26	Fri	8:30	3.9	7:37	6.5	1:48	0.5	12:57	2.6	6:08	8:24	
27	Sat	9:57	4.2	8:31	6.7	2:52	-0.1	2:04	3.0	6:09	8:23	
28	Sun	11:03	4.5	9:25	6.8	3:49	-0.5	3:10	3.2	6:09	8:22	
29	Mon	11:56	4.8	10:18	6.9	4:41	-0.8	4:10	3.2	6:10	8:21	
30	Tue			12:42	5.0	5:28	-1.0	5:05	3.1	6:11	8:20	
31	Wed			1:23	5.1	6:12	-1.0	5:57	2.9	6:12	8:19	